

ECHOES

Published by the students of Upper Columbia Academy

Are We
There Yet?
p. 8

Sarah Tonin
Corner
p. 5

Fall Sports
p. 4



Inside the UCA Artisan Bakery

The familiar brown bags and delicious smells that fill the dorms are products of the UCA Artisan Bakery. Unsurprisingly, the phenomenal baked goods have become a staple in the students' diets.

UCA's beloved bakery is a relatively new addition to the campus. The idea was first presented during the COVID-19 quarantine of 2020. All the stu-

dents had been sent home, yet the staff remained on campus.

"The support staff and deans did not have much to do," remarked Mrs. Allison, the bakery director. "I had owned my own bakery... and [one morning] I had this God thought - I could start a bakery."

From there, it took about a year and a half for the school to develop a permanent location

for the bakery and to introduce it to the students.

"It has been so exciting to have people come down there and love the stuff. That's what feeds my heart," commented Mrs. Allison.

This fall, try a variety of new pumpkin, apple, and cranberry flavored goods. The bakery is a delicious way to support the school.

By Hailey Fischer
Head Editor



Student Favorites:

Everything Bagels Larissa Smith

Lemon Zest Scones Madi Divers

Focaccia Bread Soa Pinell

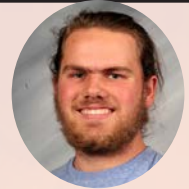
Molasses Ginger Cookies Cage Halverson

Cinnamon Rolls Ryan Bridges

Jalapeno Cheddar Bagels Anali Kenfall

Campus News

By Jonathan Haeger



October's H.O.P.E. Taskforce

Wednesday, October 12, students loaded onto buses at various times for H.O.P.E. Taskforce. Due to the juniors and seniors being gone during the previous H.O.P.E., this was the first time that the entire student body took part in it.

Groups went to locations such as Malden and

Camp Gifford for cleanup. In addition, a few students went to the South Hill Church to set up for Journey to Bethlehem.

Jonathan Kasper, a senior who went to Camp Gifford, states, "It was really fun! We did a lot of raking, and we stacked some picnic tables too. The best part was skipping

rocks for a solid 45 minutes during the lunch break."

H.O.P.E., which stands for "Helping Other People Everywhere," gives students a chance to go into the communities around them, take a break from schoolwork, and get some exercise.



PC: Megyn Larson

Harvest Party 2022

On Saturday evening, October 1, students gathered in the cafeteria for the annual Harvest Party. At the party, students were exposed to the highest amounts of glucose that they would ingest for the rest of the school year. Inside the cafeteria, there were many activities, including pumpkin painting and karaoke.

Outside, various yard games were set out for students to enjoy, such as ladder golf, cornhole, super-sized Jenga, and hatchet throwing. The most popular outdoor activity was a hayride,

led by Mr. Kramer.

Students were driven out into the surrounding wheat fields, where they could get a stunning view of the stars. They were then driven past PJ's house, where they competed in "Hot Potato with a Pumpkin" to win a box of strudel bites.

At the end of the evening, all the students gathered once again in the cafeteria for the much-anticipated costume contest. Winners were chosen from the following categories: solo males, solo females, and groups.

The winner of the solo male category, Brock White, states, "The contest was quite fun. It was great seeing everyone's costumes, and I'm glad I participated." Other winners included Makenna Shirinzadeh for the solo female category, and Jonah Alvarado and Abby Pagotelis for the group contest.

After the conclusion of the party, students returned to the dorms happy, excited, and slightly sick from all the sugar.



PC: Amy Ranette

Class Officers 2022-2023

Seniors:

President: Gianna Bolla
 Vice President: Isaac Acker
 Chaplain: Makenna Shirinzadeh
 Sgt. at Arms: Lyndi Brenton
 Secretary: Jake Mitchell
 Treasurer: Landyn Stam
 Historians: Carson Cox, Ryan Hughes
 Musician: Ethan Kim
 Sports Coordinator: Spencer Shipowick
 Student Faculty Council: Jonah Alvarado

Juniors:

President: Micah Alvarado
 Vice President: Ethan Hickox
 Chaplain: Hailey Schmid
 Sgt. at Arms: Will Heyden-Seaton
 Secretary: Hailey Fischer
 Treasurer: Nathan Coon
 Historians: Angela Pielaet, Amy Ranette
 Musician: Danerose Sanford
 Sports Coordinator: Claire Twigg
 Student Faculty Council: Madison Threadgill

Sophomores:

President: Joanna Enikeev
 Vice President: Mathew Penhallurick
 Chaplain: Jenna Martin
 Sgt. at Arms: Anali Kendall
 Secretary: Paola Gómez
 Treasurer: Torin Smith
 Historian: Anali Kendall
 Musician: Haylee Olson
 Sports Coordinator: Grayson Libby
 Student Faculty Council: Sofia Grachev

Freshmen:

President: Corbin Eiseman
 Vice President: Kinnon Saunders
 Chaplain: Audrey Benado
 Secretary: Dante DiBiase
 Treasurer: Shane Phillips
 Sgt. at Arms: Tucker Twigg
 Musician: Andrew Penhallurick
 Sports Coordinator: Tim Eng
 Historian: Josh Christensen
 Student Faculty Council: Eden Wiltison

Spiritual Life

Irina's Story

By Angie Buursma



In America, high school lasts until senior year, but in Russia, school looks a little different. There are only 11 years of school, in which two of those years are high school. Irina Muzychko was in her final year of high school in Russia and needed to think of where she wanted to go for college. She decided that she wanted to study abroad, specifically in the U.S. To attend a college in the U.S., she had to meet the requirements for it, which meant she had to go to high school for her senior year. She searched the internet for various schools until she found UCA. She contacted the school and was given an immediate response. So, Irina filled out her application with great excitement.

The next thing she needed to do was to get her visa; however, this was a difficult task. She had to travel to Kazakhstan, which was a 4-hour flight. By the time her family reached Kazakhstan, she had changed her mind and decided she did not want to go. She knew it was a bad day as she waited outside the room where she would be questioned for a visa. She could hear the people ahead of her being denied theirs. She told God that if her visa was denied, she would not come at all to the states for school. Hoping to get denied, Irina answered the man's questions. To Irina and her parent's surprise, the man approved her visa. She was

sure that this is where God wanted her.

Once she arrived at UCA, she did not feel the same way. She loved music but was unable to get involved last year. Irina was discouraged and felt that she did not have a purpose here. Towards the end of last year, Pastor Fred approached her and encouraged her to run for ASB. Not knowing what it was, she said, "Sure," and went on her merry way. For a while she forgot about it, but then she saw an announcement for ASB. Still not knowing what it was, she went to get her application form. Irina had a few questions about it. She texted Pastor Fred, and like usual, he did not answer.

The due date for the application arrived, and Pastor Fred pulled her aside after class to ask her if she wanted to apply for ASB. She wanted to, but because her questions remained unanswered, she had decided not to. Pastor Fred had no idea she had texted him until that moment, and he felt so bad about it. He called Mr. Spano at once, and they got it straightened out. Now it was official. She was running for ASB. Not long after, she found out who she was running against- someone more popular than she was. Convinced she was not going to be elected she did not even bother to look at the posted list of the new ASB officers. She was sitting in her room that evening on her

phone when her roommate suddenly swung through the door. She cried out, "Did you see it? You got it!" Shocked by the news, Irina was sure that she had purpose and was where God wanted her to be. By the time her senior year came around, she was finally able to be involved with what she loves- music. She is currently in Choraliers and octet. Irina is now certain that God had brought her here for a reason.



Quote of the Month

**"Mistakes make you wiser,
heartbreak makes you stronger,
and wrong turns often take you to the right place.
It all serves a purpose."
-Unknown**

Athletics



PC: Megyn Larson

Fall Sports

There are a lot of fun events happening in sports this month. Fall Classic ended with both UCA teams destroying the competition. The girls' volleyball team went all the way to the championship game. They got an astonishing 2nd place after only losing one game throughout the entirety of the tournament.

The guys' soccer also did an outstanding job. The varsity team won all three of their games and ended up scoring a grand total of 14 goals during the tournament, without allowing a single goal to be scored on them. At the climax of the tournament, the Championship game against the Christian Adventist Academy, varsity won 6-0!

Overall, it was an exciting tournament with the soccer team breaking a three year long drought.

Moving forward from Fall Classic, Girls' soccer has several home games on the horizon, including one this last Monday against NWC and another the very next day against St. George's. The guys' soccer team also has a home game the Monday after home leave, so make sure you don't miss it.

Finally, girls' volleyball will be played at home the Tuesday after leaving home. Try to get up there and cheer on our varsity athletes.

By Ethan Hickok

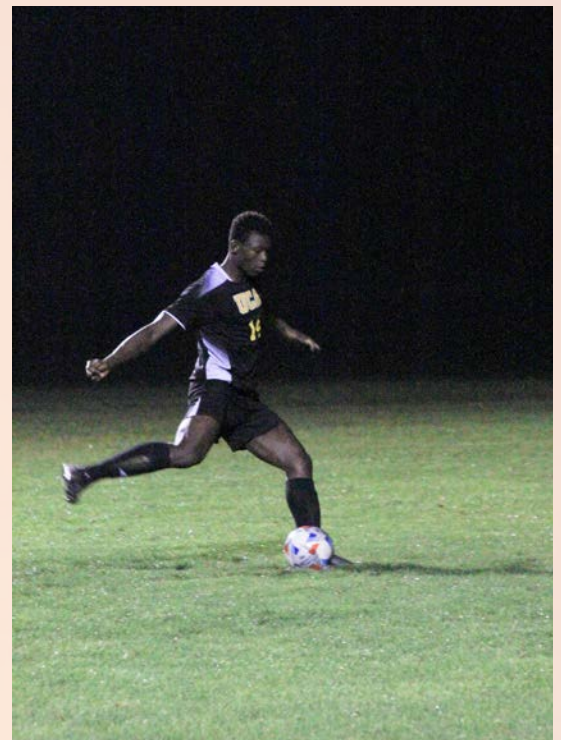


UCA Athletics

A new sport has come to visit UCA. Football intramurals are now in full swing. We hope you got on a team. Flag football is one of the best intramural sports that UCA provides. Even if you did not sign up, it is still fun to watch. Anyone can go up to the field and watch a few games. I am sure that the teams would love your support.

"Acro is also raising money for their upcoming Acrofest," says Bella Smith.

They are going to travel as a team to Union College in Nebraska. If you or anybody else you know can sponsor one of our Acro members, the team would much appreciate a donation. If you donate more than \$500, you will get a personal sponsor banner hung up in the gym in your honor.



PC: Megyn Larson

The Sarah Tonin Corner

By Sarah Cole



It is finally fall, and it is time to get down to some cozy fireside feeling and pumpkin-spicy things!

Fall Mug Cake

- 1/4 cup all-purpose flour
- 2 tbsp brown sugar
- 1/4 tsp baking powder
- 1/2 tsp cinnamon
- 1/2 tsp vanilla extract
- 1/4 cup milk
- 1 1/2 tbsp butter, melted
-
- Crumb Topping
- 1 tbsp butter, softened
- 2 tbsp brown sugar
- 1 tbsp flour
- 1/4 tsp cinnamon

Throw all the mug cake ingredients into a microwave safe mug. (You might want to melt the butter first in the microwave.) Throw together the crumb topping in a small bowl and sprinkle it on the batter in the mug. Then microwave for about one minute, depending on the power of your microwave. Test if it is cooked by sticking a toothpick inside. If there is no raw batter on it, your mug cake is ready to enjoy!

This recipe has been taste-tested and approved by SarahTonin



Word Harvest

J C R R L H J Q P Q N Z R F O G G Y B Q
 U W U M P F W A C O R N X N V W I N D G
 R M B B H S B V X A U B Z S Y H X A M G
 R B K U R C A N D Y C O R N K Z S N F M
 S A S X X U A X Q B Q I L Q Y W I L L V
 K P Y W P X F P C G P Y H A Y R I D E E
 Y W U S E D Z N P H U E C I N N A M O N
 W C F M P A P T W L I G C T R N U L D O
 X H R J P C T F C R E L G A Z X M J D L
 W H R S U K D E O W A C L E N P R P O E
 I V P A A H I R R F X P I Y A P N I J A
 A O L X Z A T N N W U E W D H G I V W F
 B X S P O G A Y S R E P U S E G N E E P
 O E Q U N L O J D P Y A X K P R D S J I
 N C U M Y C I E W M I N T G B O Z M F L
 F J A P Y Y V R N P G C I H O L G T Z E
 I G S K O E M A O I E M E E E U T A Y J
 R B H I G P S P F E C V C X K R R X Z W
 E L F N A P P L E B U T T E R W D D R L
 U G D B Q P K X H H A R V E S T C R D P

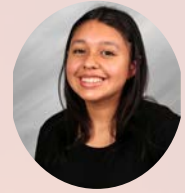
sweater weather	apple butter	apple cider	wind
pumpkin spice	candy corn	cinnamon	corn
leaf pile	pecan pie	harvest	pie
squash	bonfire	pumpkin	
foggy	chilly	hayride	
gourd	acorn		

Fall Funnies



Student Highlight

By Sofia Pinell



Winner: Kiersten Barker

The Harvest Party was a fun night of activities. It included karaoke, a pumpkin decorating contest, a costume contest, hayrides, dart throwing, eating treats, etc. The winner of the pumpkin decorating contest was Kiersten Barker, a sophomore at UCA. She painted a very cute frog with a detailed landscape in the background. When it came to the background, she got a lot of inspiration from her home. She saw many different micro biomes and tried to imagine one of them in her head and recreated it on the pumpkin. She chose to paint a darker background, contrasting the happy frog. She mixed the glum and drippy weather background with the simple and happy-looking frog. At that time, she felt that a lot of students were stressed because of school. That was a factor that helped her decide what to paint.

No matter what she paints, it is always meaningful to her and appreciated even if she feels like she did not do her best. Sometimes it is the feelings she has while painting that helps her love her art more. The painting made on this pumpkin meant a lot to her because of the feelings she had while working on it.

Meet the Artist: Abby Pagotelis

Stained-glass class has started in the shop, the students have already started on their projects. Abby Pagotelis is a village student who is a junior here at UCA. Abby created a very charming panda for her first project. She was part of the stained-glass class last year as well. Stained-glass is a pictorial design that encompasses many different styles of art. From the elaborate and colorful windows in churches, to adorable pandas, stained-glass can be used to express an artist's emotions and ideas. Abby took her project to another level of cuteness than most other stained-glass projects.

PC: Sofia Pinell





Are We There Yet?

By Tanner Duffy



My Fall Obsession

The month is October, and one of the busiest parts of the year has finally passed. We are beginning a slew of holidays and vacations, and we have entered a season I am obsessed with: fall.

I am not the only one who is obsessed with this fabulous season. The internet was prepared for fall while the weather outside was still lava hot. Before you knew it, there was an explosion of pumpkins, cold weather, flannels, leaf piles, and hot beverages.

Personally, I love everything pumpkin. Pumpkin spice candles, pumpkin lattes, pumpkin pie, pumpkin EVERYTHING! If you are a pumpkin hater,

I would advise you to seek professional help. The saying goes, "Don't knock it until you like it as much as I do," or something to that effect.

The entire world seems to delve into delightful chaos during this season. Unfortunately, here in Spangle, fall is basically the two-day intermission between summer and winter. It seems that right when the trees turn all pretty, it snows for no reason. Imagine if snow just fell all at once instead of in flakes - like one day you're walking and then THWAP! Six inches of snow. I seem to have gotten off topic; what was I talking about? Ah! Yes. Glorious fall things!

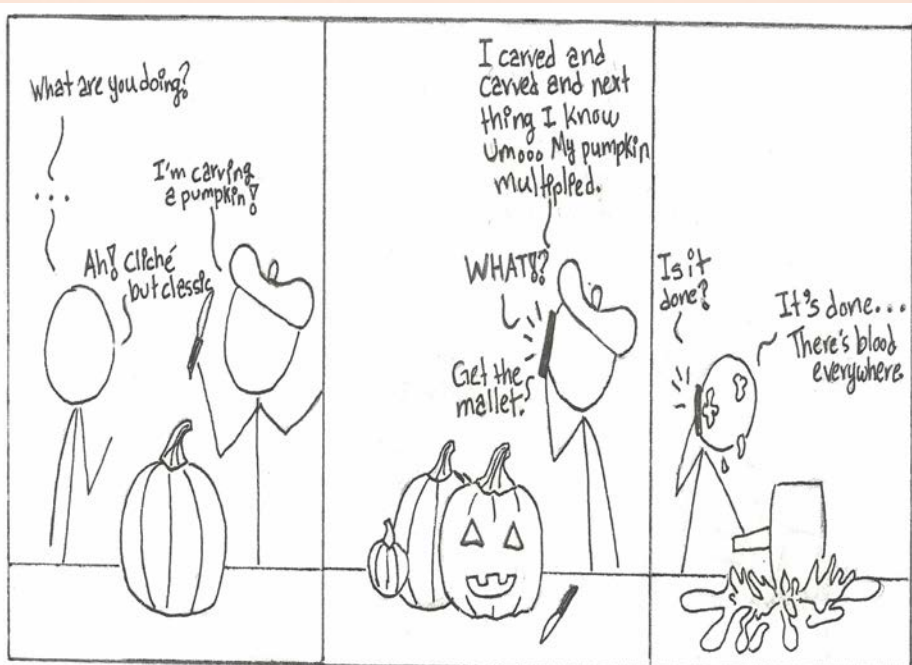
I wish fall lasted longer because,

for some reason, right as it begins it ends. You know how you can walk into Wal-Mart and see a blow-up Baby Yoda chilling with a pumpkin (as you should), and then one day later there are Christmas trees everywhere and then it's the 4th of July! Fall is just like that, POOF! Gone in an instant.

So! I encourage you to enjoy it while it lasts. Relax in a perfect storm of cozy and slightly creepy pumpkin-ness. Enjoy the dancing skeletons (it's a vibe), the "basic" girls, and my boy candy corn who low-key slaps!

Supernatural Pumpkins

by Tanner Duffy



Random Quotes

"That's not autocorrectically possible!" - Jonathan Kasper

"Books are just a remix of a dictionary." - Joseph Mercill

"Frozen yogurt you are the celery of dessert; be ice cream or be nothing." - Joel VanDoozer

"Seeing myself walk around is disturbing." - Mr. Spano

"If I had enough money, I would have a surrogate." - Megan Petersen

"Why are you looking at North Macedonia's dialing code?" - Kaitlyn Rivas