

ECHOES

published by the students of upper columbia academy



photo by Tyler Parker

2

EDITOR'S NOTE
"Welcome to our Table"
by Gianna Bolla

6

SPIRITUAL LIFE
"I Have Perfect Peace"
by Gabrielle Townsend

13

STUDENT HIGHLIGHT
"Pear-fect Fall Recipe"
by Lauren Moody



9

ATHLETICS
UCA Soccer headed to compete at State!
by Mia Pierce



Gianna Bolla -
Head Editor

WELCOME TO OUR TABLE

It feels like so long since we've been able to invite our loved ones on campus and host family weekend here at UCA, so it's an incredible blessing that we're able to gather here once again. The normally barren wheat fields of Spangle are covered with fall leaves, the air cooling down, and a weekend planned full of events. The thing I love most about family weekend at UCA is the chance as a student body to spread hospitality towards the people we hold close, and when I think of hospitality I immediately imagine gathering around a table, and engaging in one another's presence. Hospitality appears best in the form of simplicity, coming as you are and connecting with others; and UCA has such an abundance of this idea, whether sitting with someone new at vespers, inviting someone to your lunch table, or sharing a favorite bible verse, UCA has an abundant spirit of hospitality. Family weekend is the perfect opportunity to become a part of this philosophy. So we invite you to come join our table, take part in the atmosphere of this campus, and be a part of our family.

OPTIMISTIC CROWS

Crows are some of the most intelligent and resourceful birds on the planet and have some very interesting qualities that make them stand out from other birds. One of these talents is their ability to make and use tools to achieve their goals.

Though there are a couple of other species that construct tools, crows create a number of more complex tools and go back to improve on them later. Amazingly, they, along with great apes and humans, also craft compound tools – where they put smaller individual items together to create one working tool.

What makes these behaviors even more incredible is that crows gain more than just the object or treat they were aiming for. Research has shown that crows become happier after accomplishing their feat.

Just as humans enjoy puzzles such as crosswords and sudoku, crows find joy and become more optimistic after using a tool.

In one two-step research project, scientists were able to deduct whether a crow was happy or not after placing a more rewarding box on the left, and a less rewarding one on

the right side of a cage. After a couple of days, they placed a box in the middle and if a crow approached it, that meant they were more optimistic and expected a rewarding treat to appear in the box.

Using this knowledge, scientists then put the crows in a position where they would have to use a tool to get a treat. After doing so, the crows that finished using a tool were more likely to approach the box in the middle, meaning they were in a better mood.

It's incredible to know that a creature you might see in your backyard has some of the qualities of a great ape and a human being.

TEEN MARIJUANA VAPING

The number of teenagers vaping marijuana has more than doubled between 2013 and 2021 in school-aged youth. This amount of marijuana horribly affects the growing brain of an adolescent and affects their school life as well.

The amount of tetrahydrocannabinol (THC) – the compound that gives that “high” feeling to the user – has also gone up from 4% in the 1990s to 15% in the strain of weed today. By being constantly exposed to the drug, the CDC states that the effects can harm teenagers’ memory, coordination, and learning.

In addition, the chances of becoming addicted to marijuana is incredibly high. The CDC states that around 1 in 6 teenagers become addicted after using it regularly.

Vaping marijuana has also been shown to be even worse than using cigarettes or e-cigarettes, and the user has a chance of getting a new and dangerous lung disease called EVALI.

In today’s time, parents might have a hard time spotting signs of vaping but should look out for red eyes, constant hunger, a change of character, and mood swings. Teens can get away with vaping in the home much easier now thanks to the way e-cigarettes are constructed.

The vaping increase is very unfortunate, and the myths that vaping marijuana is not harmful and only natural are still used as excuses to get the high feeling many teens are looking for today.



Anna Phillips-
National News
Editor



Photo Credit Ars Technica



Photo Credit NPR

THE STORY OF HOPE DAY AS SEEN THROUGH THE EYES OF RIO MOORE



Claire Christensen - Campus News Editor

HOPE day is an event at UCA where staff and students go out and help the community through different activities. Whether it's picking up trash, cleaning someone's yard, helping at a thrift store, or something else, it is all about bringing a helping hand to those who need it. HOPE day happens around 4 times every year and it is often forgotten how much of an impact it can have on the community.

Rio Moore, a sophomore was able to witness an incredible miracle on the first HOPE Day this year and I was able to interview her about it.

What was your HOPE activity?

I helped with the second shift of the free garage sale. The first shift set everything up, the second shift tried to get people to come, and the third shift took everything down. I was part of the second shift and was standing there with a sign going down to the corner and back.

What happened during your shift?

There was this nice lady, named Kelly, that drove up with her van, U-Haul, and her dog looking for camping stuff. Mrs. Hess then directed her to a sleeping mat and sleeping bag which she took. I was in the area browsing, looking at stuff and I kind of tuned her out until I finally I zoned back in, and she was talking about how she lost her only son about 5 months before and how she was on a journey of self-discovery. I made my way over to where Mrs. Allison and Mrs. Hess were there, and we were all standing by her listening and giving her hugs. We even circled up and prayed with her

and she showed us picture of her son. When she was putting her stuff into her U-Haul when another lady, who had been there earlier showed up, named Rhonda. Rhonda got out and opened her trunk containing some bibles or devotionals that she had told Mrs. Hess she would bring by. Then Rhonda started telling Mrs. Hess about how she had lost her only son. When she said that all our heads snapped in that direction. Then the first lady, Kelly, interjected on their conversation. Rhonda and Kelly talked, and Rhonda gave her testimony telling Kelly to keep her eyes straight on Jesus and how He's going to help her through the grief. It was so surreal; they went through almost the exact same thing. When they parted ways, Rhonda gave some books to Kelly and we wrote some Bible verses in it.

How did this impact you personally?

It was insane. I felt almost a hope because God was able to bring Rhonda to Kelly right when she needed it and Rhonda wrote exactly what Kelly needed to hear. It gave me a hope that if I'm ever in one of those places then maybe God will help do that for me too because He loves his children.

Does this change your perspective about HOPE Day?

Yea, definitely. For HOPE I usually do what needs to be done without thinking about it, but that one day shows that miracles happen. That you don't just do hope for just because you must. You do it for the connection to see how God works through people.

UPCOMING EVENTS

November 21-28- Thanksgiving break

November 30- Midterms

December 1- ASB Christmas tree lighting

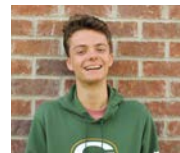
Dec 3-4- Music tour

December 5- Winter Banquet

December 12- Rec Ski

December 16- Fox Theatre Music Concert

MUSIC ON WHEELS



Isaac Acker -
Campus News
Editor

One of the best parts of being involved in music at UCA is the music tours. Unfortunately, because of Covid, music tours have not happened in recent years. When it was announced that a music tour would be taking place from Oct. 28-30, returning and new students were overjoyed. It was the first long tour since the fall of 2019. The groups that went and performed were Octet, Strings, String Quartet, Choraliers, Band, Brass ensemble, and Saxophone quartet.

Octet, Strings, and Saxophone Quartet left early it performed at the Hermiston Adventist school. Band and Choraliers departed for Pendleton around 1:30. After a three-and-a-half-hour drive to Pendleton and the two buses met up and performed.

After packing up all the equipment, the buses headed to the Pendleton school where students and staff would be spending the night. Thanks to Adam Colcords family, a snack dinner of apples and popcorn, as well as entertainment in the form of the intense game of Australian Kickball, was provided.

The next day students left the school around 8 am and headed to Tri Cities Adventist School for a performance. TCAS holds lots of good memories for many UCA students as it was where a few students used to attend as well as where everyone stayed on the last music tour. After performing for those at TCAS, the buses headed to the mall for lunch.

Afterwards the buses headed to Kennewick church to set up for the vespers performance that

night and have dinner. After another successful performance everyone packed up once again and headed to the Pasco church to set up for church the next day.

Everyone was especially excited to return to TCAS to spend the night because the school has showers. Students and staff alike were tired and were very excited at the possibility of a shower. Unfortunately for the girls, the drains were not ready to take on a bunch of people all showering at once. This caused the drains to overflow and the bathroom to flood halting all showers for about an hour.

Some girls proceed to wash each other's hair in the sink, salon style. However, thanks to Mrs. Duffy, Tigran, and Chaz, the water was able to be mostly drained and a few could take showers at the same time.

The next morning students packed up their belongings for the last time and headed to the Pasco church. After performing students and staff were excited to see friends and families, including some of the 2021 UCA class who had made the trip from Walla Walla. The Pasco church family kindly provided a delicious potluck for the UCA students and staff.

Afterwards the UCA group split up onto the different buses as some went to Walla Walla to listen to their Orchestra play, while the others headed back to the UCA campus.

IS YOUR PRAYER LIFE RETREATING FROM YOU?

Six UCA students had the opportunity on October 29-31 to experience a prayer retreat at MiVoden Youth Camp. This was a massive event including nearly fifty churches and around 200 participants. The students of UCA were transported to MiVoden in Mr. Maniscalco's truck around 4o'clock on Friday. They arrived just as dinner was finishing up and then headed over to their first meeting with the speaker. Pastor Pavel Goia gave a powerful message about evangelism, spreading God's word, and always being there for your neighbor. It was said that the northern lights were supposed to be on full display in the early hours of Sabbath, but they did not show up.

Sabbath morning started off with a breakfast followed by two more meeting in the auditorium. Goia shared a couple stories about how he was able to grow his church and make an impact on the community around the church. Lunch was followed by four hours of free time that was spent either kayaking or going on a hike. They finished off the afternoon with another meeting and then dinner. They had their final meeting for the day before heading back to their rooms where the air conditioning did not work.

They had a couple meetings after breakfast on Sunday, but they had to end early because Goia had to get back to some business in Ukraine. Each church group got together and talked about how they would implement the stuff they learned into their everyday life and churches. They had a quick lunch before heading back to UCA.

When asked what his favorite thing from this retreat was, Asher said it was the effort people put into a connection with him. Leading up to this retreat Asher was struggling to find God in his everyday life. Three separate people came up to Asher and made an intentional effort to see how he was doing. This was a sign to him that God is always there.

"I HAVE PERFECT PEACE" ~ MRS. JORGENSEN

This fall I lost one of my dearest mentors, Mrs. Jorgensen, to cancer. After living a long, full life, she could confidently say she had perfect peace.

This statement makes me stop in my tracks. One of my biggest desires in life is to say I am fully at peace, no matter the circumstances, but so much of the time I am not.

Over time I have come to know that true peace will only ever be found in God.

Nothing I do can ever achieve lasting peace. Whenever I have fear or doubt about the future, I can be comforted by the promises in the Bible.

Is your Prayer Life Retreating From You? As you search for your own peace, I hope you will be encouraged. Real peace really is attainable, when we come to the feet of our great God. Then we too can say we have found perfect peace.

Send any worship quotes or music recommendations to Gabrielle Townsend on Teams, I would love to hear your input!



Gabrielle Townsend - Spiritual Editor

A SNAPSHOT OF JESUS

"You are SO worthy." ~ Madi Larson

"God knows you by name." ~ Mrs. Judy Castrejón (Mrs. C)

"God loves you the way you are, because He loves you, He's not going to leave you the way you are." ~ Benjamin Perrin

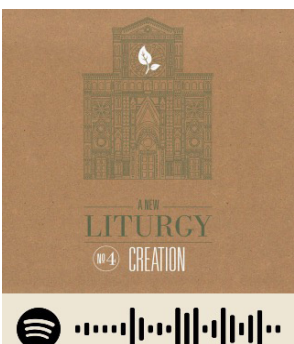
BIBLE PROMISES

Isaiah 26:3; Psalms 91:1-2; Revelation 21:4

HYPE, HYMNS & HALLELUJAHS

When I think of Thanksgiving music, I think of hymns. These are some of my favorite classic hymns that have been redone, bringing new life to beautiful lyrics.

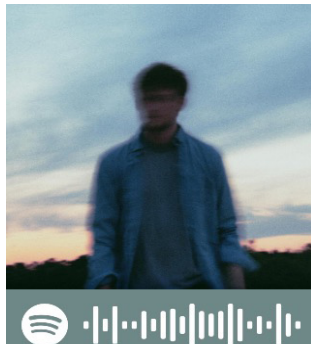
"For the Beauty of the Earth" by A New Liturgy



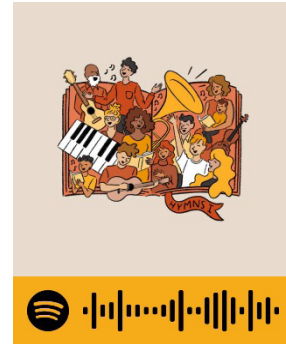
3. "Tis So Sweet" by Hillside Recording



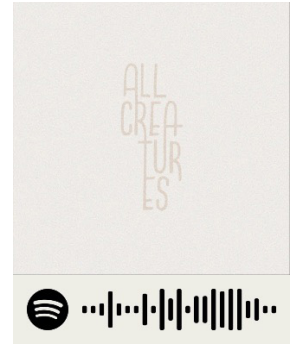
"Come Thou Fount of Every Blessing" by Cross Gray



"Solid Rock" by Lovkn



"All Creatures" by ASWWU



IS THE MUSIC YOU LISTEN TO HELPING YOU STUDY... OR IS IT A DISTRACTION?

Do you ever sit down to do your homework but just stare at the paper for fifteen minutes because you can't focus on it? It's not just you; many people suffer this Attention Drainage Effect, or ADR, when they study. This occurs when various distractions hinder a person's ability to focus during a certain task. Music therapy can block out some of those distractions through stimuli and improve concentration.

Some research suggests that the tempo of music could be influential in its effects on the brain's productivity. Songs from 50 to 80 beats per minute (bpm) can put the brain into an "alpha state" that opens the mind and encourages the imagination.

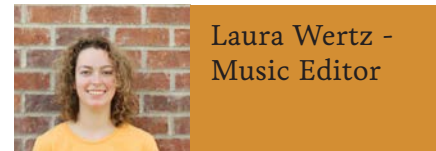
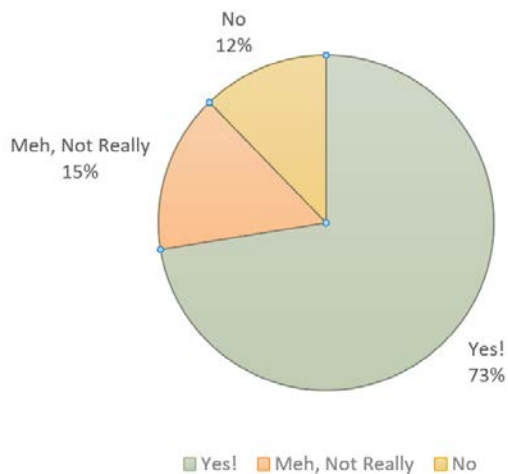
You've probably heard about the wonders of classical music on concentration, known as the Mozart Effect. Numerous studies have shown that listening to classical music improves concentration in music is boring, but luckily there are other kinds of music that can help with your studying. Other styles that do not contain lyrics include movie scores or lo-fi.

Low fidelity music, more commonly known as Lo-Fi, is composed of various "imperfections" such as degraded or scratchy audio. There is generally no lyrics in this style. This kind of music triggers dopamine, the happy drug in your brain. This can lead to elevated mood, reduced anxiety and increased cognitive ability and productivity.

Some individuals may profit from listening to nature sounds or ambient noise. Soothing sounds, such as rain, crashing waves, and dark noise can block outside disturbances. (Did you know? iPhones have background sounds built into iOS 15!)

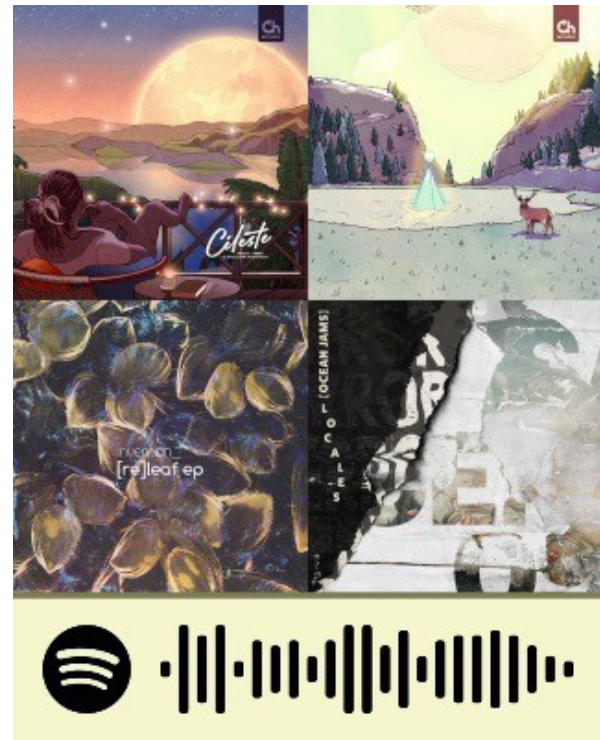
Not all people find music to be beneficial and prefer silence. Certain kinds of music may make it difficult to concentrate on tasks. Try out some of these different styles, and you may find something that suits you.

Does Listening to Music Help Students Study or Do to concentrate on tasks. Try out some of these different styles, and you may find something that suits you.



Laura Wertz - Music Editor

MONTHLY PLAYLIST



ANNOUNCEMENTS:

Nov 20 – Amateur Hour

Dec 3-4 – Choraliers, Octet, Ensembles perform at Summit Church, Music on the Menu

Dec 11 – Octet, Orchestra perform at UCA church

CRY BECAUSE IT HAPPENED, SMILE BECAUSE IT'S OVER



Jillian Petersen
- Entertainment Editor

THE MET GALA 2021 DID NOT FAIL TO — WELL — HAPPEN

For those of you who are not familiar with the title, every year there is an event held known as the Met Gala. The individuals who are invited range from models to TikTokers (although some might confuse them as the same thing). These guests are notorious for showing up in some, let's say, questionable outfits...

KIM KARDASHIAN | MEDIA PERSONALITY | .01 OUT OF 5 STARS



Miss Kim here really has us questioning whether that is actually her or not. Was she just having a bad hair day or something? You would think that with an ego like hers she would make sure you could at least see her face. Who even comes up with this stuff? Better yet, where does she plan to go after looking like that? How did she eat? See? Talk? Breathe? Where is the originality (or common sense)?

A\$AP ROCKY | RAPPER | 2 OUT OF 5 STARS



Give the man a star (pun intended). He's good looking, after all. Or so he thinks. But was this really the best he could come up with? He claims that he gave input as to how his, um, "outfit" was to be designed. C'mon, Timmy — where's the pizzazz? Where's the sparkle? I'm sure that if you had called up one of your many fan-girls (couldn't be me), they definitely would have been willing to help.

TIMOTHÉE CHALAMET | ACTOR | 1 OUT OF 5 STARS



I am giving this individual a solid 2 out of 5 stars because of the lack of formal representation. I am also realizing that he has the highest number of stars given. I mean, hey — it's not that great, but in this situation, it resembles the significance of Princess Kate's wedding dress in comparison to everyone else's outfit. Unlike Timothée Chalamalabingbong over there, at least he's wearing some form of color. He really said, "I woke up like this, but made it fashion." Someone is getting paid too much.

DIXIE D'AMELIO | TIKTOKER | -5 OUT OF 5 STARS



I am a little offended that someone thought it was a good idea to stick a bird's nest on her head. I suppose you're waiting to hear why I'm so offended as to why that is, but maybe it's just because I feel I should've been there instead. The dress? Cute. The gloves? They're nice. The hat? Can that even be classified as a hat? Perhaps she didn't have much of a say in the matter and went home crying afterwards.

STATE BOUND

Every team has the same goal for their season: to win the State Championship. Every early morning practice, every late-night game, it's all to win State. But before winning the State Championship becomes possible, a team must first get into the State Tournament. This is by no means an easy task.

This year, UCA's boys' soccer team qualified for State. To get there, the team had to play Saint George's, a team they had pre-

viously lost to three games in a row. The team went into the game very determined, and their hard work paid off. The game was long and arduous, with no goals scored by either team. With no time left, the game went into penalty kicks to determine the winner. UCA, with the help of goalie Caleb Brusett, who recently returned from an injury, secured the win.

This win allowed the Lions to continue their season in the

State Tournament and ended the season of their rivals, the Saint George's Dragons. The Lions' soccer team is now preparing to play in the State Tournament near Seattle, WA. This is the first time in UCA history that any athletics team has qualified for State!

Below is an interview with one of the team's captains, senior Cesar Pinell.



Mia Pierce -
Athletics Editor

WHAT IS YOUR FAVORITE THING ABOUT THE TEAM?

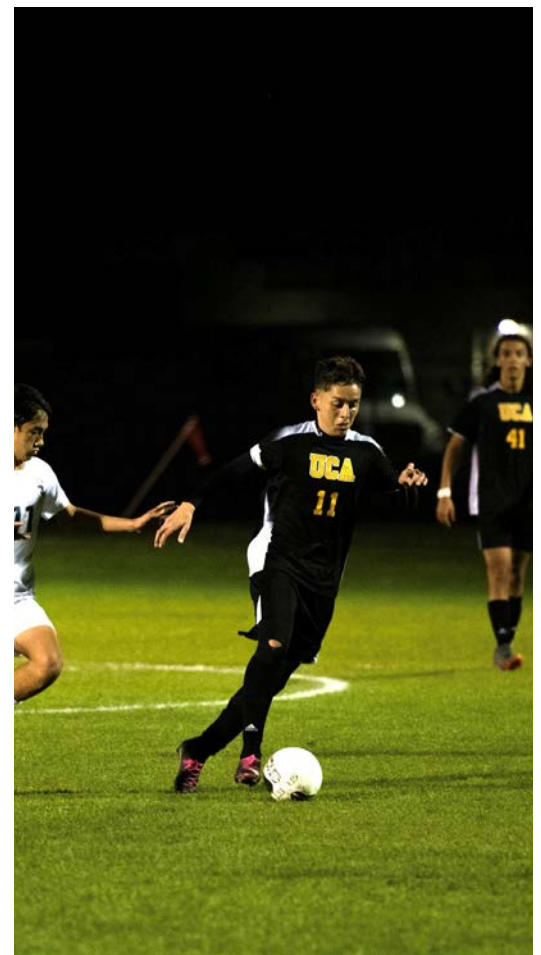
"This team is willing to work really hard. We are able to recognize our mistakes and improve. We've grown so much as a team this year and the team spirit is super high."

WHAT WENT THROUGH YOUR HEAD WHEN YOU WON THE GAME TO GO TO STATE?

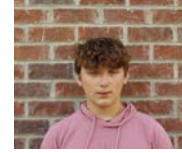
"I remember that when Tanner shot the last penalty kick, time seemed to stop. Once he made it, I almost started crying. It's my last soccer season and we had just made State. I knew then that this would be a moment I will always remember."

WHAT IS YOUR MINDSET GOING INTO THE STATE TOURNAMENT?

"Our team is not going into the tournament cocky. We're just determined. We know what we are capable of, and we're excited. There is a lot of pressure to do our best, but I think we are going to put up a good fight. No matter the outcome, I will always be proud of this team."



PJ DEMING - STAFF HIGHLIGHT



Chaz Kastl -
Campus Life
Editor

We all have been privileged and blessed with a new principal this year, and so far, he hasn't made us question how great of a guy he is. Let's get to know our new commander and chief, head honcho, boss man: Pastor Jeff Deming (or as he prefers, PJ or Pastor Jeff).



Biggest Pet Peeve:

PJ told me that his biggest pet peeve is things being out of place. He said that when people leave the room, he is quick to put things exactly where he likes them. He gave me two pet peeves, and I was quick to strike on the second during my interview. He talked about how people not pushing in or returning their chairs gets on his nerves. As I wrapped up my interview, I gathered my belongings and began to march out the door. PJ, with a smirk on his face, said, "Are you going to push that in?"

Something You Enjoy:

Basketball is something PJ really enjoys.

Favorite Color:

Blues, specifically navy blue.

Favorite Season:

As odd as it sounds, PJ's favorite season is what he likes to call "Finter" — a combination of fall and winter. The in-between season is what PJ likes, as he likes the crispness of winter as well as the cool warmth and colors of fall.

Something Funny Only Your Spouse Would Know:

PJ wanted one thing above all to be known; that his door is open, and he wants to make everyone feel welcome. The sticker on his door reads, "Come on in, I have time". He wants everyone to know that he is caring and is accepting.

AMATEUR HOUR

If you want to show the world your epic air oboe skills, Amateur Hour is the event for you. Amateur Hour is an event that showcases some of the talent and humor that UCA is proud to offer. It is a time where students can sit back, relax, and enjoy the show.

This year, the event will be hosted by the Men's Club with the theme of "80's Late Night Talk Show." Men's Club recruited some tremendous talent in the form of instrument playing, singing, and the crowd's favorite, skits. Some of the UCA parents might tap their feet to tunes that take them back to the 80's. Make sure you bring your mullets and boomboxes at 7:30 p.m., November 20th!



KICKBACK TO HACKY SACK



Abigail Robertson - Dorm Life Editor

Much of our free time is dominated by popular sports, such as volleyball, soccer, and basketball. Leisure sports such as disc golf have also recently become popular, especially on campus. These games are fun, but as winter approaches, it becomes difficult to enjoy them outdoors, and gym time is limited. Thus, this season is the perfect opportunity to explore some games that can take us on a blast from the past.

Several people (my dad, Mrs. Riffle, dean Jessie, and Dean Diane) mentioned that hacky sacks (or footbags) used

to be quite the hit. Hacky sacks are the ideal winter game for the dorms. In all colors and materials, they are fun and portable. They are also small and soft, posing little risk to dorm rooms and hallways. Perfect.

Developed by Mike Marshall and John Stalberger in 1972, this little boredom killer has a unique history. Mike showed John the game after being introduced to it by a Native American inmate he was with in a military brig. John took up the game as he was recovering from a knee injury, and it helped him heal. They decided to go into

business. After experimenting with many different designs, they eventually settled on the leather material sewn with inside seams we know today.

The object of the game is to keep the sack in the air for as long as possible, using any part of the body except hands and arms. The game can be enjoyed alone or with friends, passing the little beanbag around to see how long it can be kept up. So, give it a shot this winter, and maybe you'll discover a new hobby.

RA HIGHLIGHTS

This month we will be starting RA highlights, where we get to know the RAs on campus a little better. This November, we get to know our Head RAs.

Alyssa Brown started as Spiritual RA last year as a junior. She is 18. She says she doesn't prefer either the role of Spiritual or Head RA because they both have their strengths and weaknesses.

Caleb Brusett started as CAT-4 RA last year as a junior. He is 18. He says that he prefers being Head RA, and that Fourth North is the best hall.

Q: What do you love most about being an RA?

AB: The ability to connect to so many of the girls and be able to serve them, as well as how much you learn about yourself while being an RA.

CB: Getting paid to hang out with people.

Q: Why did you decide to be an RA?

AB: I wanted to be part of something bigger, like the growth that takes place in the girls' dorm. It's incredible. Service fulfills me. I get to help create positive leadership skills. I would encourage anyone who is interested in being an RA to do it.

CB: I didn't apply to be an RA.

Q: What is a piece of advice that you would like to share?

AB: Let God be in the center of everything you do. Also, my verse of the year is John 3:30.

CB: I'm really bad at advice.

THE CLASS

Continuous Story Part III



Kaelyn Olson -
Student
Highlight Editor

I looked down at the driver's license in my hand and realized how unprepared I was for Geometry. How was I supposed to answer Mr. Kladding's questions when he potentially was from the future? I looked at my watch, then decided I couldn't risk being late; it would look too suspicious if Mr. Kladding went looking for his license. I would be a major suspect if I was found lurking around the place he had just left, even if it had seemed as though he had vanished from the scene. I tried to pull myself together and organize my overwhelmed brain. Failing miserably, I internally shrugged, and went inside the ad building, stuffing the license in a pocket of my backpack.

As I walked up the stairs to the math classroom, I realized I had no idea what to do. Should I tell someone about my theories, or show them the driver's license? I realized how ridiculous I would sound: Hey guys, I found this on the ground when Mr. Kladding basically evaporated into thin air; I think he's from the future! We should investigate this together!

A faint chuckle escaped my lips, and the surrounding students looked at me curiously. Embarrassed, I hurriedly walked down the hall and slowed down as I reached the door to his classroom. I was reluctant to go in, but it was exactly eight o'clock and I didn't want to be late.

I walked in with my head turned away from the front of the classroom and quickly made my way to the back row. As I put my stuff down and started to sit, I finally glanced toward the front of the classroom. My stomach dropped as I snuck a glance at the front;

Mr. Kladding was staring at my backpack, as though he could look through the fabric and see his license sitting there.

By: Katie Bunn

WHO IS GUSTAVE

"Who is Gustave? I am Gustave." I whisper into the air as the day drones on. Mentally preparing for customers that never come. I work as a desk clerk at a shop that's never lively. The lights flicker and my eyes shift outside. The street is drenched in rain and the streetlights are barely visible. A cup of coffee sits to my left and a cash register to my right. The coffee is cold. Like clockwork, I pour it into the sink in the back of the store and refill it with the steaming brew from the pot. I return to my desk with the lights

flickering once again. Coffee in hand, the steam wafts as I take another sip. It's cold. I take another minute to microwave the cup and return to my post. Watching for customers who never arrive. Reaching for the coffee, I instead dip my finger in. It's hot. I take a sip and it's cold. "Hello, I am Gustave, how can I help you?" The words leave my lips again, but no one is here, and the night is never ending. The coffee is warm, but that is a lie.

By: Tori Johnson

MELODY'S PEAR-FECT FALL DESSERT



Lauren Moody - Student Highlight Editor



Photo Credits: Ambitious Kitchen



To look at the recipe, all you have to do is pull out your phone and scan!

As the leaves start to turn a different color and the days get colder, the UCA campus is reminded that fall is officially here. This also means that the wonderful holiday of Thanksgiving is coming up! Many people have different opinions on Thanksgiving and although there are many controversial feelings towards Thanksgiving food, we all can agree that good desserts can make or break Thanksgiving dinner.

Melody Van Doozer, a four-year senior at UCA, has a special skill for baking and wanted to share her recipe for a perfect fall dessert: cinnamon walnut pear crisp!

GO BIG OR GOURD HOME

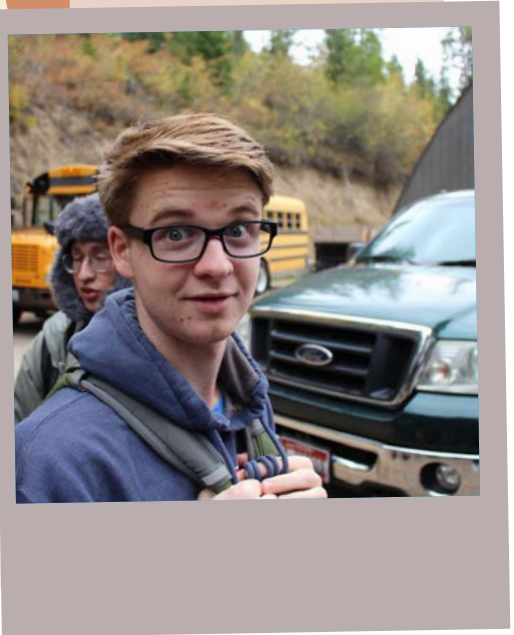
The fall season is full of treats and traditions. One of the best traditions during the autumn season is pumpkin carving!

In the Spanish classes, students learned Spanish while participating in carving their own pumpkins. Mrs. Larson says that the goal of this was to speak as much Spanish as possible while doing a fun fall activity. Learning a language while trying to carve can be difficult, but each student thrived in this activity. The carving creativity ranged from Among Us characters to even a deer! All the students learned a lot and had plenty of fun throughout.



Photo Credits: Mrs. Larson





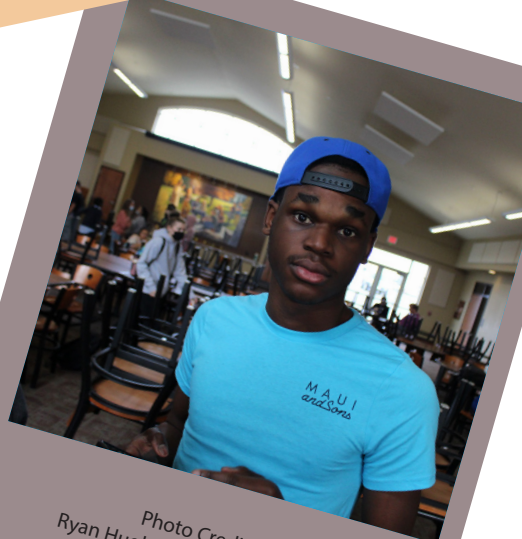


Photo Credits:
Ryan Hughes and Lyndi Brenton

PASTA POEMS



Asher Mack -
Chaos Editor

Melancholy Linguine

- Here i am again,
back at the place where it all
began.

for here is where my joy hath
been,
in spite of all that i have seen.

there go in noodles of ecstasy,
this is the truest form of intima-
cy.

the water boils, as does my rage,
as time turns like a page.

Just how long will it take?
My tears have formed a lake.
The sauce is ready, steaming
steady;
i think my teeth are sweaty.

here it is, here it comes!
the happiness that saved me from
the slums.

For now i have my pasta linguine,
i wouldn't trade this for the wish
of a genie.

Here i am again, at the place
where my life began.
Noodles in mouth, sauce in
throat,
This is what keeps my soul afloat.

Mac & Cheese Revenge

With mac and cheese
joy comes with ease
just looking at it is a tease;
Won't you get in my mouth
please?

But no, i must refuse.
doing this gives me the blues,
you see, this i vowed to lose
so on this macaroni i shall
snooze.

Down i go, into a horrifying
sleep;

my desire is insatiable, but this
promise i must keep.
Though, our bond is so strong it's
blood deep...
yet all i can do is wail and weep.

Surely none have experienced
such loss.
Tears so fertile that now my
beard is made of moss.
My teeth so fragile i can't even
floss,
For giving me strength, mac and
cheese was the boss.

What's happened? it's left me
stunned...
sweet pasta, to my mother, what
have you done?

for you see, that macaroni has a
gun;
perhaps it was wise to keep my
intake at none.

THE PRESIDENT'S TURKEY



Sienna Duffield -
Cartoonist

