

Upper Columbia Academy
April 24-30, 2022
Week #1 - Supervisors on Duty:
Midterms, Homeleave

	<i>Sunday</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Sabbath</i>
BREAKFAST	Peach Crisp	Pancakes	Oatmeal Bar	Potatoes & Eggs			
	Hashbrown Patties	Syrup/Peanut Butter	Tofu/Boiled eggs	Breakfast Sasuage			
	Tofu/Scrambled Eggs	Scrambled Eggs	Blueberries/Mango	Salsa/Hot Sauce			
	Salsa / Ketchup	Baked Tofu	Coconut/Chia seeds	Baked Tofu			
	Yogurt/ Granola	Apple Sauce	Dried Cranberries	Peaches/Yogurt			
	Fresh Fruit, Cereal Bar	Peaches	Raisins	Fresh Fruit, Cereal Bar			
	Belgium Waffles	Yogurt/Granola	Yogurt/Granola				
		Fresh Fruit, Cereal Bar	Fresh fruit, cereal bar				
	<i>10:00 AM</i>	<i>7:15am</i>	<i>7:15am</i>	<i>7:15am</i>			
LUNCH		Fettuccini Alfredo	Burrito Bar	Sack Lunch - Made			
		Steamed Broccoli	Rice and Beans	at Breakfast			
		Parmesan Cheese	Cheese/Tomato				
		Garlic Bread	Onion/Lettuce	HOMELEAVE			
		Caesar Salad	Sour cream/Cilantro				
		Salad Bar	Chips & Salsa				
			Salad Bar				
			Fresh Fruit, Cereal Bar				
			Cookie Tuesday				
		<i>12:15 PM</i>	<i>12:15 PM</i>				
DINNER	Quesadilla Bar	Chefs Choice	Chefs Choice				
	Griller Crumbes						
	Rice & Beans						
	Cheese/Onions						
	Tomato/ Olives						
	Salsa/Sourcream/Guac						
	Fresh Fruit, Cereal Bar	Fresh Fruit, Cereal Bar	Fresh Fruit, Cereal Bar				
	Salad Bar	Salad Bar	Salad Bar				
	<i>4:00pm</i>	<i>5:10pm</i>	<i>5:10pm</i>				