

Upper Columbia Academy
March 13-16, 2022
Week #5 - Supervisors on Duty:
Daylight Savings Time Begins, HOPE, Spring Break

	<i>Sunday</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Sabbath</i>
BREAKFAST	Tator Tots	Pancakes	Oatmeal Bar	Breakfast Burrito			
	Scrambled Eggs	Syrup/Peanut Butter	Tofu/Boiled eggs	Hash Browns			
	Tofu	Scrambled Eggs	Blueberries/Mango	Scrambled Eggs / Tofu			
	Sausage Patties	Baked Tofu	Coconut/Chia seeds	Beans			
	Peaches	Apple Sauce	Dried Cranberries	Cheese / Onions			
	Yogurt/Granola	Peaches	Raisins	Salsa/Sour Cream			
	Fresh Fruits,Cereal Bar	Yogurt/Granola	Yogurt/Toast	Peaches/Yogurt			
	Sack Lunch Bar	Fresh Fruit, Cereal Bar	Fresh fruit, cereal bar	Fresh Fruit, Cereal Bar			
	<i>7:15 AM</i>	<i>7:15am</i>	<i>7:15am</i>	<i>7:15am</i>			
	LUNCH		Pasta Bar	Taco Bar			
		Marinara Sauce	Beans and Rice				
		Alfredo Sauce	Cheese/Lettuce				
		Pesto Sauce	Onion/Tomato				
HOPE TASKFORCE		Garlic Bread	Salsa/Sourcream	SPRING BREAK			
		Steamed Veggies	Tortilla Chips				
		Parmesan cheese	Fresh Fruit, Cereal Bar				
		Fresh Fruit, Cereal Bar	Salad Bar				
		Salad Bar	Cookie Tuesday!				
		<i>12:15 PM</i>	<i>12:15 PM</i>				
DINNER		Baked Potato Bar	Chef's Choice				
		Sour Cream & Onions					
		Cheese/Cheese Sauce					
		Broccoli/Tomatoes					
	PIZZA!!!!	Salsa/Baco Bits					
		Tortilla Chips	Rice & Beans				
		Rice & Beans	Fresh Fruit, Cereal Bar				
		Fresh Fruit, Cereal Bar	Salad Bar				
		Salad Bar					
		<i>4:00pm</i>	<i>5:10pm</i>	<i>5:10pm</i>			