

Upper Columbia Academy
December 5-11, 2021
Week #6 - Supervisors on Duty: Mrs Sanford
Winter Banquet / School Board / Staff Christmas Party

	<i>Sunday</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Sabbath</i>
BREAKFAST	Breakfast in the Dorms	Pancakes	Oatmeal Bar	Breakfast Burrito	Biscuits & Gravy	French Toast	Muffins/Bagels
		Syrup/Peanut Butter	Tofu/Boiled eggs	Hashbrowns	Scrambled Eggs	Scrambled Eggs	Hashbrowns
		Scrambled Eggs	Blueberries/Mango	Scrambled Eggs	Baked Tofu	Baked Tofu	Hard Boiled Eggs
		Baked Tofu	Coconut/Chia seeds	Cheese / Onions	Pears	Applesauce	Tofu
		Apple Sauce	Dried Cranberries	Salsa/Sour Cream	Yogurt/Granola	Strawberries	Sausage Links
		Peaches	Raisins	Baked Tofu	Fresh Fruit, Cereal Bar	Applesauce	Applesauce
		Yogurt/Granola	Yogurt/Toast	Peaches/Yogurt		Yogurt/Granola	Yogurt/Granola
	Fresh Fruit, Cereal Bar	Fresh fruit, cereal bar	Fresh Fruit, Cereal Bar		Fresh Fruit, Cereal Bar	Fresh fruit, cereal bar	
	10:00 AM	7:15am	7:15am	7:15am	7:15AM	8:30AM	
LUNCH		Stroganoff	Taco Bar	Asian Haystacks	Chicken Burgers	Pasta Bar	Haystacks
		Egg Noodles	Beans/Rice	Rice/Chinese Noodles	Lettuce/Onion	Marinara Sauce	Frito Chips
		Steamed Veggies	Taco meat	Creamed FriChik	Cheese/Tomato	Alfredo Sauce	Beans
		Bread / Rolls	Cheese/tomatoes	Shred Carrots/Cabbage	Macaroni Salad	Pesto Sauce	Shredded Cheese
			Lettuce/onions	Diced Cucumber/Tomato	Vegan Potato Salad	Steamed Broccoli	Shredded Lettuce
		Fresh Fruit, Salad Bar	Olives/Jalapenos	Pineapple/Red Peppers	Potato Wedges	French Bread	Tomatoes/onion
			Salsa/Sour cream	Pineapple Pieces	BBQ sauce/Tartar Sauce	Cesar Salad	Olives/Salsa
			Fresh Fruit, Cereal Bar	Coconut/Sunflower seed	Baked Beans		Sour cream/Ranch
			Cookie Tuesday!	Salad Bar	Salad Bar	Salad Bar	Dessert
		12:15 PM	12:15 PM	12:15 PM	12:15 PM	11:50 AM	12:30PM
DINNER	Winter Banquet	Burrito Bar	Ramen Bar	Macaroni and Cheese	Pizza	Corn Chowder	Pizza in the Dorms
		Beans/Rice	Tofu/Veg Chicken	Peas/Carrots	Carrot and Celery stix	Crackers	
		Cheese/Lettuce	Water Chestnuts, Peas	Salad Bar	Ranch Dressing	Carrot and Celery Stix	
		Onion/Tomato/Olives	Bok Choy, Corn, Carrots	Rolls	Ruffles	Cottage Cheese	Staff Christmas Party
		Jalapeno's/Cilantro	Green Onions, Cabbage	Butter and Jam	French Onion Dip	Salad Bar	
		Salsa/Sour cream	Fresh Fruit, Cereal Bar	Beans/Rice	Salad Bar	Beans/Rice	
		Hot Sauces	Salad Bar	Salad Bar	Fresh Fruit, Cereal Bar	Fresh Fruit, Salad Bar	
		Fruit Salad	Salad Bar & Beans	Fresh Fruit, Cereal Bar			
	4:00pm	5:10pm	5:10pm	5:10pm	5:00pm	5:30pm	