

Upper Columbia Academy
October 17-23, 2021
Week #8 - Supervisors on Duty: Mr. McConnachie
Amateur Hour Auditions, Home Leave

	<i>Sunday</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Sabbath</i>
BREAKFAST		Pancakes	Oatmeal Breakfast Bar	Breakfast Burritos			
		Scrambled Tofu	Blueberries/Mango	Scrambled Eggs/Tofu			
		Scrambled Eggs	Coconut/Chia seeds	Tater Tots			
	Senior Fundraiser	Yogurt	Dried Cranberries	Cheese/Onions			
		Peaches/Apple sauce	Raisins	Sausage Crumbles			
		Hot Cereal & Toppings	Yogurt/Granola	Salsa/Sour Cream			
		Fresh Fruit, Cereal Bar	Boiled Eggs	Fresh Fruit, Cereal Bar			
			Fresh fruit, cereal bar	Sack Lunch			
	<i>10:00 AM</i>	<i>7:15am</i>	<i>7:15am</i>	<i>7:15am</i>			
LUNCH		Pasta Bar	Taco Bar	Sack Lunch			
		Marinara Sauce	Taco Meat	Made at Breakfast			
		Alfredo Sauce	Beans/Rice				
		Pesto Sauce	Shredded Lettuce	HOMELEAVE			
		Steamed Veggies	Diced Tomatoes				
		French Bread	Diced Onions				
		Fresh Fruit, Cereal Bar	Shredded Cheese				
		Salad Bar	Sour Cream				
		Salsa/Guacamole					
	<i>11:55AM</i>	<i>12:15 PM</i>	<i>12:15 PM</i>				
DINNER	Chef's Choice	Chef's Choice	Best of the Best				
	Beans/Rice	Beans/Rice	Rice/Beans				
	Salad bar	Salad bar	Salad				
	Fresh Fruit, Cereal Bar	Fresh Fruit, Cereal Bar	Fresh Fruit, Cereal Bar				
	<i>4:00pm</i>	<i>5:10pm</i>	<i>5:10pm</i>				