Upper Columbia Academy September 12 - 18, 2021 Week # 4 - Supervisor on Duty:

Hope, Senior Survival, Home Leave

	Breakfast Casserole	_	S Tater Tots	A Salsa/Ketchup	K Peaches	E Yogurt/Granola	_	-	_																			
Gundan							Fresh Fruit, Cereal Bar															Pizza Carrot and Celery sticks			8	8	5	56
Mondon	Pancakes	Scrambled Tofu/eggs	Apple Sauce	Whipped Topping	Syrup/Peanut Butter	Yogurt/Granola	Fresh Fruit, Cereal Bar		7:15am	Spaghetti & Meatballs	Marinara Sauce	Creamy Garlic Sauce	Pesto Sauce	Steamed Veggies		Rolls/French Bread	Fresh Fruit, Cereal Bar	Rolls/French Bread Fresh Fruit, Cereal Bar Salad Bar	Rolls/French Bread Fresh Fruit, Cereal Bar Salad Bar	Rolls/French Bread Fresh Fruit, Cereal Bar Salad Bar 12:15 PM	Rolls/French Bread Fresh Fruit, Cereal Bar Salad Bar 12:15 PM Grilled Cheese Sand	Rolls/French Bread Fresh Fruit, Cereal Bar Salad Bar 12:15 PM Grilled Cheese Sand Tomato Bisque	Fresh Fruit, Cereal Bar Salad Bar 12:15 PM Grilled Cheese Sand Tomato Bisque Salad Bar	Rolls/French Bread Fresh Fruit, Cercal Bar Salad Bar 12:15 PM Grilled Cheese Sand Tomato Bisque Salad Bar Cottage Cheese	Fresh Fruit, Cereal Bar Salad Bar 12:15 PM Grilled Cheese Sand Tomato Bisque Salad Bar Cottage Cheese Beans/Rice	Fresh Fruit, Cereal Bar Salad Bar 12:15 PM Grilled Cheese Sand Tomato Bisque Salad Bar Cottage Cheese Beans/Rice Fresh Fruit, Cereal Bar	Fresh Fruit, Cereal Bar Salad Bar 12:15 PM Grilled Cheese Sand Tomato Bisque Salad Bar Cottage Cheese Beans/Rice Fresh Fruit, Cereal Bar	Fresh Fruit, Cereal Bar Salad Bar 12:15 PM Grilled Cheese Sand Tomato Bisque Salad Bar Cottage Cheese Beans/Rice Fresh Fruit, Cereal Bar
Tuesdan, D	Oatmeal Breakfast Bar	Blueberries/Mango	Coconut/Chia seeds	Dried Cranberries/Raisins	Brown Sugar	Yogurt/Granola	Boiled Eggs	Fresh fruit, cereal bar	7:15am	Chicken Burgers	Macaroni Salad	Vegan Potato Salad	Coleslaw	, m	BBQ sauce/Tartar Sauce	Baked Beans	Baked Beans Rice/Salsa	BBQ sauce/ I artar Sauce Baked Beans Rice/Salsa Fresh Fruit, Cereal Bar	BBQ sauce/ I artar Sauce Baked Beans Rice/Salsa Fresh Fruit, Cereal Bar	BBQ sauce/ I artar Sauce Baked Beans Rice/Salsa Fresh Fruit, Cereal Bar 12:15 PM	BBQ sauce/ I artar Sauce Baked Beans Rice/Salsa Fresh Fruit, Cereal Bar 12:15 PM Best of the Best	BBQ sauce/ lartar Sauce Baked Beans Rice/Salsa Fresh Fruit, Cereal Bar 12:15 PM Best of the Best	BBQ sauce/ I artar Sauce Baked Beans Rice/Salsa Fresh Fruit, Cereal Bar 12:15 PM Best of the Best Rice/Beans	BBQ sauce/ lartar Sauce Baked Beans Rice/Salsa Fresh Fruit, Cereal Bar 12:15 PM Best of the Best Rice/Beans Salad	BBQ sauce/ lartar Sauce Baked Beans Rice/Salsa Fresh Fruit, Cereal Bar 12:15 PM Best of the Best Rice/Beans Salad Fresh Fruit, Cereal Bar	BBQ sauce/ lartar Sauce Baked Beans Rice/Salsa Fresh Fruit, Cereal Bar 12:15 PM Best of the Best Rice/Beans Salad Fresh Fruit, Cereal Bar	BBQ sauce/ lartar Sauce Baked Beans Rice/Salsa Fresh Fruit, Cereal Bar 12:15 PM Best of the Best Rice/Beans Salad Fresh Fruit, Cereal Bar	BBQ sauce/ lartar Sauce Baked Beans Rice/Salsa Fresh Fruit, Cereal Bar 12:15 PM Best of the Best Rice/Beans Salad Fresh Fruit, Cereal Bar
dan Walnardan Home E	Hashbrowns	Scrambled Eggs	Scrambled Tofu	Peaches	Yogurt/Granola	Fresh Fruit, Cereal Bar		Sack Lunch	7:15am	Sack Lunch	Made at Breakfast																	
n a	I mursuuy															ІМОН	НОМ	НОМІ	ІМОН	НОМІ	НОМІ	НОМІ	НОМІ	НОМ	НОМІ	НОМІ	НОМІ	НОМІ
	r riudy															HOMELEAVE	LEAVE	ELEAVE	LEAVE	CLEAVE	LEAVE	LEAVE	CLEAVE	LEAVE	CLEAVE	CLEAVE	CLEAVE	CLEAVE