Upper Columbia Academy
May 23-29, 2021
Week #5 - Supervisors on Duty: Mr. McConnachie/Tommy

	Sunday	***Monday***	***Tuesday***	***Wednesday***	***Thursday***	***Friday***	***Sabbath***
BREAKFAST	Bagels/ Cream cheese	Breakfast Burritos	Pancakes	Tator Tots	Biscuits & Gravy	French Toast	Danish
	Fried Eggs	Scrambled Eggs/Tofu	Syrup/Peanut Butter	Scrambled Eggs	Fried Eggs	Cinnamon Applesauce	Stripples
	Tofu	Hashbrowns	Whipped Topping	Tofu	Sauteed Mushrooms	Tofu	Scrambled Eggs/Tofu
	Sausage Patties	Cheese/Onions	Scrambled Tofu	Sausage Patties	Cheese/Onions	Toppings	Pears
	Potato Wedges	Sausage Crumbles	Yogurt/Granola	Hot Cereal & Toppings	Tofu	Yogurt/Granola	Yogurt/Granola
		Salsa/Sour Cream	Fresh Fruit, Cereal Bar	Yogurt/Granola	Yogurt/Granola	Fresh Fruit, Cereal Bar	Fresh Fruit, Cereal Bar
	Fresh Fruits,Cereal Bar	Fresh Fruits,Cereal Bar	Belgium Waffles	Fresh Fruit, Cereal Bar	Fresh Fruit, Cereal Bar	Belgium Waffles	Belgium Waffles
	Belgium Waffles	Belgium Waffles		Belgium Waffles	Belgium Waffles		
	10:00 AM	***7:15am***	***7:15am***	***7:15am***	***7:15am***	***7:15AM***	***8:30AM***
LUNCH		Pasta Bar	Carne Asada Soft Taco	Asian Noodle Bowl	Ba'nh Mi Sandwich	DIY Pizza Bar	Manicotti
		Marinara Sauce	Black Beans/Rice	Yakisoba Noodles	Thai Filling	Naan Bread Crust	Green Beans
		Alfredo Sauce	Fajita Veggies	Rice/Stir Fry Veggies	Veggie Toppings	Red/Alfredo Sauce	Garlic Bread
		Pesto Sauce	Cheese/Jalepeno	Red Pepper/Celery	Fruit Salad	Cheese/Onions	Brownies & Whip
		Garlic Bread	Salsa/Sourcream	Green onion	Chips	Olives/Mushrooms	Fresh Fruit, Cereal Bar
		Steamed Veggies	Tortilla Chips	Pineapple/Seseame Seed	Fresh Fruit, Cereal Bar	Pineapple/Jalapenos	Salad Bar
		Parmesan	Fresh Fruit, Cereal Bar	Cilantro/Thai sauce	Salad Bar	Bell Pepper	
		Fresh Fruit, Cereal Bar	Salad Bar	Fresh Fruit, Cereal Bar		Fresh Fruit, Cereal Bar	
		Salad Bar	Cookies	Salad Bar		Salad Bar	
		11:50 AM	***11:50 AM***	***12:15 PM***	***11:50 AM***	***11:50 AM***	***12:30PM***
DINNER	Pizza	Falafel Wraps	Grilled Cheese		Pasta Primavera	Fruit Salad	Chick Nuggets
	Toppings	Pita bread	Yogurt Parfait		Steamed Veggies	Assorted Breads	Curly Fries
	Chips	Hummus/Falafels	Melon Cubes		French Bread	Butter/Jam/Honey	Fry Sauce
	Salsa	Spinach/Cucumber	Chips	Awards Banquet	Butter/Jam	Potato Wedges	Carrot and Celery
	Fresh Fruit, Cereal Bar	Tomato/Onion	Beans and Rice		Beans and Rice	Condiments	Beans and Rice
	Salad Bar	Feta/Sunflower Seeds	Fresh Fruit, Cereal Bar		Fresh Fruit, Cereal Bar	Fresh Fruit, Cereal Bar	Fresh Fruit, Cereal Bar
		Rice and Beans	Salad Bar		Salad Bar	Salad Bar	Salad Bar
		Fresh Fruit, Cereal Bar					
		Salad Bar					
	4:00pm	***5:10pm***	***5:10pm***	***5:10pm***	***5:10pm***	***5:10pm***	***5:30pm***