

Upper Columbia Academy
May 16-22, 2021
Week #4 - Supervisors on Duty: Chef Kaelyn, Andrew

	<i>Sunday</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Sabbath</i>
BREAKFAST	Coffee Cake	Breakfast Sandwiches	Choc. Chip Pancakes	Breakfast in the	Biscuits & Gravy	Waffles	Muffins
	Hashbrowns	Fried Eggs/Tofu	Blueberry Sauce	Dorms	Sauteed Mushrooms	Strawberries/Whip	Hashbrowns
	Scrambled Eggs/Tofu	Cheese	Whipped Topping		Cheese/Onions	Scrambled Eggs	Tofu
	Tofu/ Breakfast Strips	Vegi-meat	Scrambled Tofu		Tofu/Sausage crumbles	Tofu	Sausage Links
	Peaches	Condiments	Apple Sauce		Scrambled eggs	Pears	Fresh fruit, cereal bar
	Yogurt/Granola	Yogurt/Granola	Yogurt/Granola		Yogurt/Granola	Yogurt/Granola	Belgium Waffles
	Fresh Fruits,Cereal Bar	Fresh Fruit, Cereal Bar	Fresh Fruit, Cereal Bar		Fresh Fruit, Cereal Bar	Fresh fruit, cereal bar	Cream of Wheat
	Belgium Waffles	Belgium Waffles	Belgium Waffles		Belgium Waffles	Belgium Waffles	Yogurt/Granola
	10:00 AM	7:15am	7:15am	10:00 AM	7:15am	7:15AM	8:30AM
	LUNCH		Pasta Bar - Ravioli	Enchiladas		Orange Chicken	Curry
		Marinara Sauce	Beans and Rice		Chow Mein noodles	Rice/Crispy Noodles	Curly Noodles
		Alfredo Sauce	Mixed Veggies		Rice	Hard Boiled Eggs	Caribbean Vegetables
		Pesto Sauce	Tortilla Chips		Stir Fry Veggies	Cucumber/Red Pepper	Garlic Bread
		Garlic Bread	Salsa /Sour Cream		Fresh Toppings	Cabbage/Green onion	Dessert
		Steamed Veggies	Fresh Fruit, Cereal Bar		Fresh Fruit, Cereal Bar	Cilantro/Thai Chili	Fresh fruit, cereal bar
		Parmesan	Salad Bar		Salad Bar	Flatbread	Salad Bar
		Fresh Fruit, Cereal Bar				Fresh Fruit, Cereal Bar	
		Salad Bar	Cookie Tuesday!			Salad Bar	
		11:50 AM	11:50 AM		11:50 AM	11:50 AM	12:30PM
DINNER	Quesadilla Bar	Sub Sandwiches	Potatoes O'Brien	Spring Party	Biscuits	Crepes	Nacho Bar
	Rice/Beans/Tortilla chips	Sub rolls	Swiss Steaks		Chicken Pot Pie	Cream Cheese	Refried Beans
	Taco Meat/Jalapenos	Lunch Meat/Egg Salad	Steamed Broccoli		Broccoli	Cottage Cheese	Taco Meat
	Cheese/Salsa/Sourcream	Tomatoes/Onions	French Bread		Fresh Fruit, Cereal Bar	Strawberries/Whip	Cheese Sauce
	Guacamole/Olives/Onion	Lettuce/Cheese Slices	Fresh Fruit, Cereal Bar		Salad Bar	Blueberries/Peaches	Olives/Onion
	Fresh Fruit, Cereal Bar	Condiments	Rice and Beans		Rice and Beans	Potato Wedges	Salsa/Sourcream
	Salad Bar	Chips	Salad Bar			Toppings	Fresh Fruit, Cereal Bar
		Fresh Fruit, Cereal Bar				Fresh fruit, cereal bar	Salad Bar
4:00pm	5:10pm	5:10pm	4:00 PM	5:10pm	5:10pm	5:30pm	