

Upper Columbia Academy
May 9-15, 2021
Week #3 - Supervisors on Duty: Mr. McConnachie/Ryan

	<i>Sunday</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Sabbath</i>
BREAKFAST	Waffles	Breakfast Burritos	Pancakes	Banana Split Breakfast	Biscuits & Gravy	French Toast	Bagels/Cream Cheese
	Strawberries	Scrambled Eggs/Tofu	Syrup/Peanut Butter	Oatmeal/Sticky Rice	Sauteed Mushrooms	Cinnamon Applesauce	Tofu
	Whipped Topping	Tater Tots	Whipped Topping	Toppings	Cheese/Onions	Toppings	Boiled Eggs
	Scrambled Eggs/Tofu	Cheese/Onions	Scrambled Tofu	Blueberries/Peaches	Tofu/	Oven Tofu	Tator Tots
	Sausage Links	Sausage Crumbles	Hot Cereal & Toppings	Tofu/Eggs	Fresh Fruit, Cereal Bar	Yogurt/Granola	Sausage Patties
	Yogurt/Granola	Salsa/Sour Cream	Fresh Fruit, Cereal Bar	Yogurt/Granola	Belgium Waffles	Fresh Fruit, Cereal Bar	Yogurt/Granola
	Fresh Fruit, Cereal Bar	Fresh Fruit, Cereal Bar	Belgium Waffles	Fresh fruit, cereal bar		Belgium Waffles	Fresh Fruit, Cereal Bar
	Belgium Waffles						
	<i>10:00 AM</i>	<i>7:15am</i>	<i>7:15am</i>	<i>7:15am</i>	<i>7:15am</i>	<i>7:15AM</i>	<i>8:30AM</i>
LUNCH		Beefy Stroganoff	Mexican Chik and Rice	Asian Haystacks	Meatball Subs	Baked Potato Bar	Haystacks
		Rice/ Egg noodles	Black Beans	Chinese Noodles	Marinara	Chili	Beans/Chips
		Mixed veggies	Corn	Creamed FriChik	Mozzarella cheese	Tortilla Chips	Cheese/Onion
		French Bread	Tortilla Chips	Shred Carrots/Cabbage	Mixed Veggies	Broccoli/Cheese sauce	Tomato/Lettuce
		Beans and Rice	Salsa/Sourcream	Diced Cucum/Tomato	French Fries	Cheddar	Olives/Salsa
		Fresh Fruit, Cereal Bar	Fresh Fruit, Cereal Bar	Diced Peppers	Condiments	Onions/Baco Bits	Sourcream/Guacamole
		Salad Bar	Salad Bar	Pineapple Pices	Fresh Fruit, Cereal Bar	Sourcream/Salsa	Dessert
			Cookies	Green Onions	Salad Bar	Fresh Fruit, Cereal Bar	Fresh fruit, cereal bar
				Thai Sauce		Salad Bar	
		<i>11:50 AM</i>	<i>11:50 AM</i>	<i>12:15 PM</i>	<i>11:50 AM</i>	<i>11:50 AM</i>	<i>12:30PM</i>
DINNER	Pizza	Grillers	Lettuce Wraps	Grilled Cheese	Cheese Omlettes	Vegetable Lentil Soup	Hot Dogs
	Toppings	Hot Dogs	Fillings/Sauces	Tomato Bisque	Cubed Potatoes	Cornbread	Condiments
	Salad Bar	Watermelon	Toppings	Carrot and Celery	Salsa/Sourcream	Butter/Honey	Cheese/Onion
	Fresh Fruit, Cereal Bar	Potato Salad	Rice and Beans	Fresh Fruit, Cereal Bar	Beans and Rice	Fruit Salad	Pasta Salad
		Chips	Spring Rolls	Salad Bar	Fresh Fruit, Cereal Bar	Crackers/Cheese	Chips
		Juice	Fresh Fruit, Cereal Bar	Rice/Beans	Salad Bar	Carrots and Celery	Fresh Fruit, Cereal Bar
		Ice cream Bars	Salad Bar			Fresh Fruit, Cereal Bar	Salad Bar
						Rice and Beans	
	<i>4:00pm</i>	<i>5:10pm</i>	<i>5:10pm</i>	<i>5:10pm</i>	<i>5:10pm</i>	<i>5:30pm</i>	