

Upper Columbia Academy

December 6-12, 2020

Week #6 - Supervisors on Duty: Chef Kaelyn/Andrew

	<i>Sunday</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Sabbath</i>
BREAKFAST	Waffles	Huevos Rancheros	Pancakes	Scrambled eggs	Biscuits & Gravy	French Toast	Muffins/Bagels
	Scrambled Eggs	Fried Eggs	Strawberries	Tofu	Scrambled eggs	Blueberry sauce	Hashbrowns
	Tofu	Mexican Cheese	Whipped Topping	Sausage Patties	Tofu	Cinnamon Applesauce	Hard Boiled Eggs
	Hashbrowns	Sauce/Sour Cream	Scrambled Tofu	Hashbrown Potatoes	Sauteed Mushrooms	Tator Tots	Tofu
	Sausage Patties	Green Onions	Scrambled Eggs	Apple Sauce	Cheese/Onions	Toppings	Sausage Links
	Apple Sauce	Hot Cereal	Yogurt/ Granola	Hot cereal/Toppings	Yogurt/Granola	Yogurt/Granola	Applesauce
	Syrups/ Peanut butter	Fresh Fruit, Cereal Bar	Fresh Fruit, Cereal Bar	Fresh fruit, cereal bar	Fresh Fruit, Cereal Bar	Fresh Fruit, Cereal Bar	Yogurt/Granola
	Fresh Fruit, Cereal Bar						Fresh fruit, cereal bar
	<i>10:00 AM</i>	<i>7:15am</i>	<i>7:15am</i>	<i>7:15am</i>	<i>7:15am</i>	<i>7:15AM</i>	<i>8:30AM</i>
LUNCH		Penne Pasta	Enchiladas	Middle Eastern Wrap	Chicken Burgers	Coconut Curry	Haystacks
		Marinara Sauce	Corn	Flat Bread	Lettuce/Onion	Jasmine Rice	Frito Chips
		Alfredo Sauce	Green Beans	Falafel patties	Cheese/Tomato	Veggies	Beans
		Pesto Sauce	Tortilla Chips	Hummus/Tzatziki sauce	Macaroni Salad	Pineapple/Coconut	Shredded Cheese
		Steamed Broccoli	Salsa/Sour Cream	Sliced Tomato/Onion	Vegan Potato Salad	Hard Boiled Eggs	Shredded Lettuce
		French Bread	Fresh Fruit, Cereal Bar	Lettuce/Red Pepper	Potato Wedges	Flatbread	Tomatoes/onion
		Salad Bar	Salad Bar	Cucumber slices	BBQ sauce/Tartar Sauce	Salad Bar	Olives/Salsa
				Feta Cheese	Baked Beans	Fresh Fruit, Cereal Bar	Sour cream/Ranch
		Cookie Tuesday!	Salad Bar	Salad Bar		Dessert	
	<i>11:50 AM</i>	<i>11:50 AM</i>	<i>12:15 PM</i>	<i>11:50 AM</i>	<i>11:50 AM</i>	<i>12:30PM</i>	
DINNER	Burrito Bar	Egg Rolls	Grilled Cheese	Baked Potato Bar	Stroganoff	Chili	Pizza in the Dorms
	Flour Tortillas	Jasmine Rice	Tomato Soup	Beans	Steamed Veggies	Corn Bread	
	Refried Beans/Rice	Stir Fry Veggies	Cottage Cheese	Cheese	Bread Rolls	Butter/Honey	Staff Christmas Party
	Shredded Cheddar	Sweet and Sour	Celery and Carrot sticks	Salsa/Sour Cream	Beans and Rice	Apple Sauce	
	Shredded lettuce	Tofu	Crackers/Cheese	Salad Bar	Fresh Fruit, Cereal Bar	Green Salad	
	Tomato/Onion	Beans and Rice	Rice & Beans	Beans and Rice	Salad Bar	Rice/Beans Soup	
	Sour cream/Salsa	Fresh Fruit, Cereal Bar	Fresh Fruit, Cereal Bar	Fresh Fruit, Cereal Bar		Fresh Fruit, Cereal Bar	
	Tortilla Chips	Salad Bar	Salad Bar				
	<i>4:00pm</i>	<i>5:10pm</i>	<i>5:10pm</i>	<i>5:10pm</i>	<i>5:10pm</i>	<i>5:30pm</i>	