

***Upper Columbia Academy
November 15-21, 2020
Week #3 - Supervisors on Duty:
Midterm***

	<i>Sunday</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Sabbath</i>
BREAKFAST	Coffee Cake	Huevos Rancheros	Pancakes	Breakfast Burritos	Hashbrowns		
	Scrambled Eggs	Fried Eggs	Scrambled eggs	Scrambled Eggs/Tofu	Eggs		
	Tofu	Mexican Cheese	Scrambled Tofu	Tater Tots	Tofu		
	Tater Tots	Sauce/Sour Cream	Syrup/Peanut Butter	Cheese/Onions	Yogurt/Granola		
	Yogurt/ Granola	Green Onions	Butter/Jam	Sausage Crumbles	Fruit		
	Fresh Fruit, Cereal Bar	Hashbrowns	Yogurt/Granola	Salsa/Sour Cream	Fresh Fruit, Cereal Bar		
	Belgium Waffles	Hot Cereal	Fresh Fruit, Cereal Bar	Yogurt/Granola			
		Fresh Fruit, Cereal Bar		Fresh Fruit, Cereal Bar			
	<i>10:00 AM</i>	<i>7:15am</i>	<i>7:15am</i>	<i>7:15am</i>	<i>7:15am</i>	<i>7:15AM</i>	<i>8:30AM</i>
LUNCH		Baleadas-Honduran Dish	Asian Haystacks	Thanksgiving Dinner	Chef's Choice		
		Tortillas	Creamed FriChik	Holiday Loaf	Steamed Veggies		
		Eggs/Tofu	Sweet and Sour Tofu	Mashed Potatoes	Bread		
		Beans	Shred Carrots/Cabbage	Gravy/Cranberry Sauce	Jam/Butter		
		Plantains/Jalapenos	Diced Cucs /Tomato	Stuffing	Salad Bar		
		Sour Cream/Salsa	Diced Peppers	Roast Brussel Spouts	Fresh Fruit, Cereal Bar		
		Avocado/Cotija cheese	Pineapple Pieces	Sweet Potatoes			
		Fresh Fruit, Cereal Bar	Green Onions	Salad Bar			
		Salad Bar	Cookie Tuesday	Pumpkin Pie	Salad Bar		
		<i>11:50 AM</i>	<i>11:50 AM</i>	<i>12:15 PM</i>	<i>11:50 AM</i>	<i>11:50 AM</i>	<i>12:30PM</i>
DINNER	Quesadilla Bar	Grilled Cheese	Sandwich Bar	Indian Naan Tacos	Potato Soup		
	Rice/Beans	Tomato Bisque	Lunch meat/Cheese	Beans/Rice	Rolls/Jam/PB		
	Shredded Cheese/onion	Cottage Cheese	Tofu/egg salad	Shredded Lettuce	Crackers/ Cheese		
	olives/guacamole	Steamed Veggies	Lettuce/Tomato/onion	Diced Veggie Toppings	Carrot /Celery Sticks		
	salsa/sour cream	Fresh Fruit, Cereal Bar	Macaroni Salad	Shredded Cheese	Fresh Fruit, Cereal Bar		
	Tortilla Chips	Salad Bar	Fresh Fruit, Cereal Bar	Salsa /sourcream	Beans/Rice		
	Fresh Fruit, Cereal Bar	Rice/Beans	Salad Bar	Fresh Fruit, Cereal Bar	Sack Breakfast		
	<i>4:00pm</i>	<i>5:10pm</i>	<i>5:10pm</i>	<i>5:10pm</i>	<i>5:10pm</i>	<i>5:30pm</i>	