Upper Columbia Academy
November 8-14, 2020
Week #2 - Supervisor on Duty: Chef Kaelyn/ Andrew

	Sunday	*Monday*	*Tuesday*	*Wednesday*	*Thursday*	*Friday*	*Sabbath*
BREAKFAST	Breakfast Casserole	Breakfast Sandwiches	Blueberry Pancakes	Hashbrowns	Biscuits & Gravy	Banana Split Breakfast	Bagels /Danish
	Scrambled Tofu	Fried Eggs/Tofu	Syrup/Peanut Butter	Scrambled Eggs	Scrambled Eggs	Oatmeal	Boiled Eggs
	Tator Tots	Cheese	Whipped Topping	Cheese/Onions	Sauteed Mushrooms	Toppings	Tofu
	Salsa/Ketchup	Vegi-meat	Scrambled Tofu	Salsa/Sour Cream	Cheese/Onions	Blueberries/Peaches	Stripples
	Peaches	Condiments	Applesauce	Tofu	Tofu	Tofu	Yogurt/Granola
	Yogurt/Granola	Hot Cereal	Yogurt/Granola	Yogurt/Granola	Yogurt/Granola	Yogurt/Granola	Peaches
	Fresh Fruit, Cereal Bar	Yogurt/Granola	Fresh Fruit, Cereal Bar	Fresh Fruit, Cereal Bar	Fresh Fruit, Cereal Bar	Fresh fruit, cereal bar	Fresh Fruit, Cereal Bar
		Fresh Fruit, Cereal Bar					
	10:00 AM	***7:15am***	***7:15am***	***7:15am***	***7:15am***	***7:15AM***	***8:30AM***
LUNCH		Pasta Bar - Tortellini	Taco Bar	Creamy Chicken	Griller Burgers	Baked Potato Bar	Swiss Steak
		Marinara Sauce	Beans/Rice	Steamed Rice	Curly Fries	Tortilla Chips	Rice Pilaf
		Alfredo Sauce	Shredded Lettuce	Peas and Carrots	Cheese	Chili	Caribbean Vegggies
		Pesto Sauce	Diced Tomatoes	Rolls	Lettuce/Tomatoes	Cheese/Vegan Sauce	French Bread
		California Veggies	Diced Onions	Margarine/Jam	Onions/Pickles	Steamed Broccoli	Butter/Jam
		Rolls/French Bread	Shredded Cheese	Fresh Fruit, Cereal Bar	Condiments	Cheddar/Sour Cream	Pumpkin Pie
		Fresh Fruit, Cereal Bar	Sour Cream	Salad Bar	Fresh Fruit, Cereal Bar	Onions/Salsa/Baco Bits	Whipped Topping
		Salad Bar	Salsa/Guacamole		Salad Bar	Fresh Fruit, Cereal Bar	Salad Bar
			Cookie Tuesday			Salad Bar	
		11:50 AM	***11:50 AM***	***12:15 PM***	***11:50 AM***	***11:50 AM***	***12:30PM***
DINNER	Nacho Bar	Potato Soup	TaterTot Casserole	Sandwiches - BLT	Breakfast for Dinner	Chicken Noodle Soup	Amateur Hour
	Refried Beans	Bread Bowls	Steamed Broccoli	Stripples	Chefs Choice	Crackers/cheese	Supper Provided
	Taco Meat	Carrot and Celery sticks	Steamed Carrots	Lettuce	Beans and Rice	Carrot/Celery Sticks	
	Cheese Sauce	Fresh Fruit, Cereal Bar	Beans/Rice	Tomatoes	Fresh Fruit, Cereal Bar	Rolls	
	Cheddar/Onion	Salad Bar	Fresh Fruit, Cereal Bar	Chips	Salad Bar	Margarine/Jam	
	Salsa/Sourcream		Salad Bar	Beans and Rice		Fruit Salad	
	Guamole/Olives			Fresh Fruit, Cereal Bar		Salad Bar	
	Fresh Fruit, Cereal Bar			Salad Bar			
	4:00pm	***5:10pm***	***5:10pm***	***5:10pm***	***5:10pm***	***5:10pm***	***5:45 PM***