Upper Columbia Academy August 30-Sept 5, 2020

Week #2 - Supervisor on Duty: Mrs. Allison/Chef Kaelyn-Micalyn /Andrew Fall Picnic, Hope Sign-up, Backpacking, Freshman Retreat

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Sabbath
	Coffee Cake	Breakfast Sandwiches	Sack Breakfast	Hashbrowns	Baked Oatmeal	Waffles	Cinnamon Rolls
l .	Scrambled Eggs	Fried Eggs/Tofu	Cereal	Scrambled Eggs/Tofu	Scrambled Eggs/Tofu	Strawberries	Tator Tots
FAST	Oven Tofu	Cheese	Milk	Cheese/Onions	Peaches	Whipped Cream	Breakfast sausage
	Potato Triangles	Vegi-meat	Fresh fruit	Salsa/Sour Cream	Yogurt/Granola	Tofu/eggs	Scrambled Eggs/Tofu
EAKFA	Stripples	Condiments	Uncrustables	Yogurt/Granola	Fresh Fruit, Cereal Bar	Yogurt & Pears	Yogurt/Granola
BRE/	Peaches/Applesauce	Hot Cereal		Peaches		Granola	Fresh Fruit, Cereal Bar
	Yogurt/Granola	Fresh Fruit, Cereal Bar		Fresh Fruit, Cereal Bar		Fresh fruit, cereal bar	
	Fresh Fruit, Cereal Bar						
	10:00 AM	7:15am	7:15am	7:15am	7:15am	7:15AM	8:30AM
		Tortellini	Pienie Lunch	TaterTot Casserole	Awesome Power Bowl	Baked Potato Bar	Swiss Stakes
		Marinara Sauce	Grillers	Steamed Broccoli	Quinoa/ Rice	Pesto/Spicy Sauce	Mashed Potatoes
		Creamy Garlic Sauce	Hotdogs	Dinner Rolls	Chicken style Tofu	Chicken Strips/Artichoke	Gravy
Η		Pesto Sauce	Pasta Salad	Butter/Jam	Roasted Veggies	Feta/ Parmesan	Peas
LUNCH		Steamed Veggies	Watermelon/Grapes	Salad Bar	Three Sauces	Green onion	Rolls
		French Bread	Chips	Fresh Fruit, Cereal Bar	Bread/Jam/Peanutbutter	Steamed Peas	Fresh Fruit, Cereal Bar
		Fresh Fruit, Cereal Bar	Brownies		Fresh Fruit, Cereal Bar	Fresh Fruit, Cereal Bar	Salad Bar
		Salad Bar	Juice /Water			Salad Bar	Dessert
		11:30 and 12:15	11:50 AM	11:30 and12:15	11:30 and 12:15	12:15 PM	12:30PM
	Nacho Bar	Potato Soup	Pizza	Sandwiches - BLT	Burrito Bar	Pozole' Soup	Chicken Nuggets
_ ,	Taco Meat	Bread Bowls		Nine Grain Bread	Beans/Rice	Tortilla Strips	Potato Wedges
DINNER	Refried Beans	Carrot and Celery		Stripples	Cheese/Lettuce	Cheese/Sour cream	Kale Salad
	Cheese Sauce	Ranch/Crackers		Lettuce/Tomatoes	Onion/Tomato/Olives	Banana Bread	Watermelon
	Jalapenos/Salsa	Garden Salad		Cheese slices	Red Pepper/Cilantro	Fruit Salad	Tortilla Chips/Salsa
	Sour cream/onions	Rice/Beans/Tortillas		Chips	Ranch/Sour cream	Fresh Fruit, Cereal Bar	Rice/Beans/Tortillas
	Fresh Fruit, Cereal Bar	Bread/Jam		Fresh Fruit, Cereal Bar	Salsa	Salad Bar	Fresh Fruit, Cereal Bar
	Salad Bar	Fresh Fruit, Cereal Bar		Salad Bar	Fruit Salad		
	4:00pm	5:10pm	5:10pm	5:10pm	5:10pm	5:10pm	5:30pm