

*Upper Columbia Academy*  
*February 23-29, 2020*  
*Week #2 - Supervisor on Duty: Mrs. Allison, Dylin Walker*  
*Rec Ski, ASB Spirit Week*

	<i>Sunday</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Sabbath</i>
BREAKFAST	Coffee Cake	Breakfast Sandwiches	Blueberry Pancakes	Hashbrowns	Biscuits & Gravy	Waffles	Cinnamon Rolls
	Hashbrowns	Fried Eggs/Tofu	Syrup/Peanut Butter	Scrambled Eggs	Scrambled Eggs	Strawberries	Scrambled Eggs/Tofu
	Fresh Fruit, Cereal Bar	Cheese	Whipped Topping	Cheese/Onions	Sauteed Mushrooms	Oatmeal	Stripples
	Fruit Smoothies	Vegi-meat	Scrambled Tofu	Salsa/Sour Cream	Cheese/Onions	Tofu	Hot Cereal
	Belgium Waffles	Condiments	Hot Cereal & Toppings	Tofu	Tofu	Yogurt & Pears	Fruit Smoothies
		Hot Cereal	Fresh Fruit, Cereal Bar	Fresh Fruit, Cereal Bar	Fresh Fruit, Cereal Bar	Fresh fruit, cereal bar	Fresh Fruit, Cereal Bar
		Fresh Fruit, Cereal Bar	Belgium Waffles		Belgium Waffles	Belgium Waffles	Belgium Waffles
		Belgium Waffles					
	<i>10:00 AM</i>	<i>7:15am</i>	<i>7:15am</i>	<i>7:15am</i>	<i>7:15am</i>	<i>7:15AM</i>	<i>8:30AM</i>
LUNCH		Pasta Bar - Tortellini	Burrito Bar	Chicken Parmesan	Veggie Burgers	Baked Potato Bar	Lasagna
		Marinara Sauce	Beans/Rice	Mashed Potatoes	Curly Fries	Tortilla Chips	Green Beans
		Alfredo Sauce	Shredded Lettuce	Gravy	Lettuce/Tomatoes	Cheese/Vegan Sauce	Garlic Bread
		Pesto Sauce	Diced Tomatoes	Steamed Veggies	Onions/Pickles	Broccoli/Tomatoes	Garden Salad
		Rolls/French Bread	Diced Onions	Bread Rolls	Condiments	Onions/Salsa/Baco Bits	Fruit Pies
		Fresh Fruit, Cereal Bar	Shredded Cheese	Jam/ Margarine	Fresh Fruit, Cereal Bar	Rice & Beans	Whipped Cream
		Salad Bar	Sour Cream	Salad Bar	Veggies	Fresh Fruit, Cereal Bar	Fresh Fruit, Cereal Bar
			Salsa/Guacamole	Fresh Fruit, Cereal Bar	Salad Bar	Salad Bar	Salad Bar
			Fresh fruit, cereal bar				
	<i>11:50 AM</i>	<i>11:50 AM</i>	<i>12:15 PM</i>	<i>11:50 AM</i>	<i>11:50 AM</i>	<i>12:30PM</i>	
DINNER	Little Pizzas	TaterTot Casserole	Potato Soup	Sandwiches - BLT	Egg Rolls	Smoothie Bowls	Sandwich Bar
	Veggie	Steamed Broccoli	Chicken Noodle Soup	Stripples	Fried-Rice w/Veggies	Potato Wedges	Lunch meat
	Fresh Toppings	Steamed Carrots	Crackers	Lettuce	Beans	Fry Sauce	Cheese
	Fresh Fruit, Cereal Bar	Fresh Fruit, Cereal Bar	Rolls	Tomatoes	Edamame	Assorted Cut Fruit	Lettuce/Tomatoes
	Salad Bar	Salad Bar	Fruit Salad	Chips	Cucumber/Dill Salad	Chopped Nuts	Onions/Pickles
			Arugula Salad	Fresh Fruit, Cereal Bar	Fresh Fruit, Cereal Bar	Granola	Condiments
				Salad Bar	Salad Bar	Fresh Fruit, Cereal Bar	Salad Bar
							Fresh Fruit, Cereal Bar
	<i>4:00pm</i>	<i>5:10pm</i>	<i>5:10pm</i>	<i>5:10pm</i>	<i>5:10pm</i>	<i>5:30pm</i>	