

**Upper Columbia Academy**  
**December 8-14 2019**  
**Week # 1 - Supervisors on Duty:Sensei**  
**ACT, Staff Christmas Party**

	<i>Sunday</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Sabbath</i>
<b>BREAKFAST</b>	Continental Breakfast in the dorms	Huevos Rancheros	Pancakes	Quiche	Biscuits & Gravy	French Toast	Muffins
		Fried Eggs	Peach Sauce	Breakfast Links	Fried Eggs	Strawberry Sauce	Hashbrowns
		Mexican Cheese	Whipped Topping	Tofu	Sauteed Mushrooms	Cinnamon Applesauce	Tofu
		Sauce/Sour Cream	Scrambled Tofu	Hashbrown Potatoes	Cheese/Onions	Tator Tots	Sausage Links
		Green Onions	Scrambled Eggs	Apple Sauce	Tofu	Toppings	Fresh fruit, cereal bar
		Hot Cereal	Hot Cereal & Toppings	Hot cereal/Toppings	Fresh Fruit, Cereal Bar	Fresh Fruit, Cereal Bar	Belgium Waffles
		Fresh Fruit, Cereal Bar	Fresh Fruit, Cereal Bar	Fresh fruit, cereal bar	Belgium Waffles	Belgium Waffles	Cream of Wheat
		Belgium Waffles	Belgium Waffles	Belgium Waffles			
	<b>10:00 AM</b>	<b>7:15am</b>	<b>7:15am</b>	<b>7:15am</b>	<b>7:15am</b>	<b>7:15AM</b>	<b>8:30AM</b>
<b>LUNCH</b>		Pasta Bar - Angel hair	Enchiladas	Macaroni & Cheese	Sandwich Bar	Curry	Haystacks
		Marinara Sauce	Roasted Corn	Vegan Mac & Cheese	Deli Meat	Rice	Beans/Rice
		Alfredo Sauce	Tortilla Chips	Peas	Egg Salad	Hard Boiled Eggs	Shredded Lettuce
		Pesto Sauce	Fresh Salsa	Dinner rolls	Tofu Salad	Veggies	Diced Tomatoes
		Steamed Veggie	Fresh Fruit, Cereal Bar	Fresh Fruit, Cereal Bar	Chips	Flatbread	Diced Onions
		Rolls/French Bread	Salad Bar	Salad Bar	Fresh Fruit	Fresh Fruit, Cereal Bar	Shredded Cheese
		Salad Bar			Veggies	Salad Bar	Sour Cream
					Dressings		Salsa/Guacamole
			Cookie Tuesday!		Salad Bar		Fresh fruit, cereal bar
		<b>11:50 AM</b>	<b>11:50 AM</b>	<b>12:15 PM</b>	<b>11:50 AM</b>	<b>11:50 AM</b>	<b>12:30PM</b>
<b>DINNER</b>		Hot Dogs	Wraps/	Crepes	Stroganoff	Chili	Chick Nuggets
		Baked Beans	Cream cheese/Hummus/Pe	Cream Cheese Filled	Steamed Veggies	Corn Bread	tartar sauce
		Potato Chips	Spinach/tomatoes/Red Oni	Fruit Filled	Bread Rolls	Butter	Curly Fries
	<b>WINTER BANQUET</b>	Carrot & Celery Sticks	Cucumbers/Chicken Strips	Nutella Filled	Fresh Fruit, Cereal Bar	Apple Sauce/Honey	short salad bar
		Cottage Cheese	Feta Cheese/Dressing	Fingerling Potatoes	Salad Bar	Green Salad	check left over
		Rice/Beans	Rice & Beans	Yogurt Parfait		Rice/Beans Soup	rice/bean soup
		Fresh Fruit, Cereal Bar	Fresh Fruit, Cereal Bar	Fresh Fruit, Cereal Bar		Fresh Fruit, Cereal Bar	Fresh Fruit, Cereal Bar
		Salad Bar	Salad Bar			Salad Bar	Salad Bar
	<b>4:00pm</b>	<b>5:10pm</b>	<b>5:10pm</b>	<b>5:10pm</b>	<b>5:10pm</b>	<b>5:30pm</b>	