Upper Columbia Academy May 12-18 2019

Week #__2___ - Subject to Change Spring Picnic / Biology Field trip

_	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Sabbath
	Peach Crisp	Huevos Rancheros	Pancakes	Quiche	French Toast	Biscuits & Gravy	Muffins
L	Hashbrown Patties	Fried Eggs	Peach Sauce	Breakfast Links	Strawberry Sauce	Fried Eggs	Hashbrowns
ST	Tofu	Mexican Cheese	Whipped Topping	Tofu	Cinnamon Applesauce	Sauteed Mushrooms	Tofu
FA	Fresh Fruit	Sauce/Sour Cream	Scrambled Tofu	Hashbrown Potatoes	Stripples	Cheese/Onions	Sausage Links
AKF,		Green Onions	Scrambled Eggs	Apple Sauce	Tator Tots	Tofu	Fresh fruit, cereal bar
E^{\prime}	Fresh Fruit, Cereal Bar	Hot Cereal	Hot Cereal & Toppings	Hot cereal/Toppings	Toppings	Fresh Fruit, Cereal Bar	Belgium Waffles
BRE	Belgium Waffles	Fresh Fruit, Cereal Bar	Fresh Fruit, Cereal Bar	Fresh fruit, cereal bar	Fresh Fruit, Cereal Bar	Belgium Waffles	Cream of Wheat
		Belgium Waffles	Belgium Waffles	Belgium Waffles	Belgium Waffles		
	10:00 AM	7:15am	7:15am	7:15am	7:15am	7:15AM	8:30AM
		Pasta Bar - Angel hair	Enchiladas	Curry	Sandwich Bar	Macaroni & Cheese	Haystacks
		Marinara Sauce	Roasted Corn	Rice	Deli Meat	Vegan Mac & Cheese	Pinto Beans
		Alfredo Sauce	Tortilla Chips	Hard Boiled Eggs	Egg Salad	Peas	Cilantro/Lime Rice
Η		Pesto Sauce	Fresh Salsa	Veggies	Tofu Salad	Salad bar	Shredded Lettuce
LUNCH		Steamed Veggie	Salad Bar	Flatbread	Chips	Dinner rolls	Diced Tomatoes
15		Rolls/French Bread	Chocolate Chip Cookies	Salad Bar	Fresh Fruit		Diced Onions
Ι		Salad Bar	Peanut Butter Cookies		Veggies		Shredded Cheese
					Dressings		Salsa
							Guacamole
		11:55AM	11:55AM	11:55AM	11:55AM	11:55AM	12:15AM
	Quesadilla Bar	Hot Dogs	Wraps/	Crepes	Stroganoff	Chili	Chick Nuggets
رہ	Cheese	Baked Beans	Cream cheese/Hummus/Pe	Cream Cheese Filled	Steamed Veggies	Corn Bread	tartar sauce
DINNER	Veggies	Potato Chips	Spinach/tomatoes/Red Oni	Fruit Filled	Bread Rolls	Butter	Curly Fries
	Sour Cream	Carrot & Celery Sticks	Cucumbers/Chicken Strips	Nutella Filled	Salad Bar	Apple Sauce/Honey	short salad bar
DI	Salsa	Cottage Cheese	Feta Cheese/Dressing	Fingerling Potatoes		Green Salad	check left over
	Rice & Beans	Rice/Beans	Rice & Beans	Yogurt Parfait		Rice/Beans Soup	rice/bean soup
	Fresh Fruit, Cereal Bar	Fresh Fruit, Cereal Bar	Fresh Fruit, Cereal Bar	Fresh Fruit, Cereal Bar		Fresh fruit, cereal bar	Fresh Fruit, Cereal Bar
	Salad Bar			Belgium Waffles			
	4:00pm	5:00pm	5:00pm	5:00pm	5:00pm	5:00pm	5:00pm