Upper Columbia Academy

May 26 - June 1

Week #___3____ - Subject to Change Closed Weekend / ASB outdoor church

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Sabbath
	Breakfast Casserole	Huevos Rancheros	Pancakes	Breakfast Burritos	Texas French Toast	Biscuits & Gravy	Crepes
r .	Tofu	Fried Eggs	Syrup/Peanut Butter	Scrambled Eggs	Strawberry Sauce	Fried Eggs	Cream Cheese Filled Blintz
S	Shredded Cheese	Mexican Cheese	Whipped Topping	Tater Tots	Cinnamon Applesauce	Sauteed Mushrooms	Fruit Filling
FA	Tater Tots	Sauce/Sour Cream	Scrambled Tofu	Cheese/Onions	Sausage Patties	Cheese/Onions	Nutella Filling
AKF.		Green Onions	Sausage Links	Sausage Crumbles	Red Cubed Potatoes	Tofu	Fingerling Potatoes
E/		Hot Cereal	Hot Cereal & Toppings	Salsa/Sour Cream	Toppings	Fresh Fruit, Cereal Bar	Yogurt Parfait
BRE.	Fresh Fruit, Cereal Bar	Fresh Fruit, Cereal Bar	Fresh Fruit, Cereal Bar	Tofu	Fresh Fruit, Cereal Bar	Belgium Waffles	Fresh Fruit, Cereal Bar
ľ,	Belgium Waffles	Belgium Waffles	Belgium Waffles	Fresh Fruit, Cereal Bar	Belgium Waffles		Belgium Waffles
	10:00 AM	7:15am	7:15am	7:15am	7:15am	7:15AM	8:30AM
		Pasta Bar - Fettucini	Chile Relleno	Asian Haystacks	Meatball Subs	DIY Pizza Bar	Chicken Parmesan
		Marinara Sauce	Rice/Beans	Chinese Noodles	Assorted Chips	Naan Bread Crust	Mashed Potatoes
		Alfredo Sauce	Tortilla Chips	Creamed FriChik	Fresh Fruit	Red/Alfredo Sauce	Broccoli
Н		Pesto Sauce	Corn Salsa	Sweet and Sour Tofu	Veggies	Cheese/Onions	Cheese Sauce
LUNCH		Rolls/French Bread	Fresh Salsa	Shred Carrots/Cabbage	Dressings	Olives/Mushrooms	Sour Cream
Ę			Sour Cream	Diced Cucum/Tomato		Pineapple/Jalapenos	Salsa
Γ			Tossed Salad	Diced Peppers		Bell Pepper	Chips
				Pineapple Pieces			Salad bar
		Salad Bar		Green Onions			
		11:55AM	11:55AM	11:55AM	11:55AM	11:55AM	12:15AM
	Quesadilla Bar	Tater Stacks	Orange Chicken	Grilled Cheese	Chick Nuggets	Smoothie Bowls	Hot Dogs
	Rice/Beans	Pinto Beans	Chow Mein noodles	Tomato Bisque	tartar sauce	Assorted Cut Fruit	Baked Beans
DINNER	Crispy Fri-Chik	Shredded Lettuce	Rice	Steamed Veggies	Curly Fries	Chopped Nuts	Potato Chips
É	Veggies	Diced Tomatoes	Green Beans	Fresh Fruit	short salad bar	Granola	Carrot & Celery Sticks
DI	Fruit Smoothies	Diced Onions	Mixed Steamed veggies	Salad Bar	check left over	Popcorn	Cottage Cheese
	Fresh Fruit, Cereal Bar	Shredded Cheese		Rice/Beans	rice/bean soup	Rice & Beans	Rice/Beans
		Salsa			Fresh Fruit, Cereal Bar	Fresh Fruit, Cereal Bar	Fresh Fruit, Cereal Bar
	4:00pm	5:00pm	5:00pm	5:00pm	5:00pm	5:00pm	5:00pm